



# PLUG-IN-JUG NEWS



### Step 1:

"We admitted we were powerless over alcohol—that our lives had become unmanageable."

### Tradition 1:

"Our common welfare should come first; personal recovery depends upon AA unity"



January  
2025

## COR Meeting

Jan 19, 2025

Turning Point, 210 8<sup>th</sup> Street

## VOLUNTEERS NEEDED!

Acadiana Area Central Office is looking for volunteers to answer the "AA Hotline" phone after hours and on weekends.

Call 337-991-0830 to sign up.

### Meeting Guide App:



Scan to install!

### Literature and more available at Acadiana Area Central Office:

- |                                   |                                 |                         |
|-----------------------------------|---------------------------------|-------------------------|
| • Big Books (all formats!)        | • <u>¡También disponible!</u>   | • AA Service Manual     |
| • 12 Steps & 12 Traditions        | • Alcohólicos Anónimos          | • AA Pamphlets          |
| • As Bill Sees It                 | • "Libro Grande"                | • Newcomer Packets      |
| • Dr. Bob and the Good Old-Timers | • Doce Pasos y Doce Tradiciones | • Sobriety Chips        |
| • AA Comes of Age                 | • Reflexiones Diarias           | • Meeting Lists         |
| • Language of the Heart           | • Como Lo Ve Bill               | • Event Flyers          |
| • Daily Reflections               | • AA Manual de Servicio         | • Drop The Rock         |
| • Pass It On                      | • Living Sober                  | • DTR Ripple Effect     |
| • Living Sober                    | • AA Service Manual             | • 24 Hours A Day        |
| • Came To Believe                 | • Big Book Dictionary           | • A New Pair Of Glasses |
|                                   | • 12&12 Dictionary              |                         |

### Published Monthly by:

Acadiana Area Central Office, Inc.

### Located at:

115 Leonie St.,  
Lafayette, LA 70506

### Phone:

337-991-0830  
(24 Hours)

### Mail all Contributions to:

P.O. Box 61144  
Lafayette, LA  
70596

### Office Hours:

Mon - Fri  
11:00 - 4:00

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Want to contribute an item to the Plug-In-Jug? Email us at [centraloffice@aa-acadiana.org](mailto:centraloffice@aa-acadiana.org) or send it to Acadiana Area Central Office by the 15th of the month to mail out with the following months publication.

### MISSION STATEMENT

It is the goal of your Central Office Steering Committee to monitor and improve upon the quality of services provided by the office and its workers. The Steering Committee meets regularly to review Policies and Operations in order to improve its services to our A.A. Community.

[aa-acadiana.org](http://aa-acadiana.org)

Email the Central Office at: [centraloffice@aa-acadiana.org](mailto:centraloffice@aa-acadiana.org)

Acadiana Area Central Office Inc.  
Transaction Report  
December 1-31, 2024

	Date	Name	Account full name	Account	Amount	Balance
<b>Donations (Not Taxable)</b>						
Anonymous Donations						
	12/03/2024	Pay Pal	Donations (Not Taxable); Anonymous Donations	First Horizon (9224)	19.11	19.11
	12/17/2024	Pay Pal	Donations (Not Taxable); Anonymous Donations	First Horizon (9224)	197.47	216.58
	12/23/2024		Donations (Not Taxable); Anonymous Donations	Undeposited Funds	22.44	239.02
	12/31/2024	Pay Pal	Donations (Not Taxable); Anonymous Donations	First Horizon (9224)	19.11	258.13
<b>Total for Anonymous Donations</b>					<b>\$258.13</b>	
Group Donations						
	12/09/2024	Kitchen Table Group	Donations (Not Taxable); Group Donations	Undeposited Funds	367.80	367.80
	12/09/2024	Primary Purpose Group	Donations (Not Taxable); Group Donations	Undeposited Funds	261.32	629.12
	12/09/2024	Dry Dock Group	Donations (Not Taxable); Group Donations	Undeposited Funds	150.00	779.12
	12/12/2024	The Rayne Group	Donations (Not Taxable); Group Donations	Undeposited Funds	100.00	879.12
	12/12/2024	Freedoms Choice Group	Donations (Not Taxable); Group Donations	Undeposited Funds	200.00	1,079.12
	12/26/2024	Back to Basics New Iberia Group	Donations (Not Taxable); Group Donations	Undeposited Funds	25.00	1,104.12
	12/26/2024	Primary Purpose Group	Donations (Not Taxable); Group Donations	Undeposited Funds	910.20	2,014.32
	12/30/2024	A Vision for You Group	Donations (Not Taxable); Group Donations	Undeposited Funds	400.00	2,414.32
	12/30/2024	Freedom Group Ville Platte	Donations (Not Taxable); Group Donations	Undeposited Funds	200.00	2,614.32
<b>Total for Group Donations</b>						<b>\$2,614.32</b>
<b>Total for Donations (Not Taxable) with sub-accounts</b>						<b>\$2,872.45</b>
						<b>\$2,872.45</b>

Drinking problem?

Call [337-991-0830](tel:337-991-0830) 24/7

[DONATE](#)

Español [337-298-9762](tel:337-298-9762)



**Acadiana Central Office**  
Alcoholics Anonymous in the Acadiana Area

You can now donate to the Central Office via PayPal.  
Any donations *from AA members* will be appreciated.  
If donating for a group, please include group name in memo.

# Events

We are updating the Central Office Birthday Master List.  
Changes can be sent to the Webservant.



**32<sup>ND</sup> ANNUAL UPSTATE CONVENTION**  
March 20<sup>th</sup>- 23<sup>rd</sup>, 2025

**Thurs., March 20th**  
Kick-Off Party  
Gratitude House  
1501 White St. Ruston  
6:00 PM Dinner  
8:00 PM Kayla D

**Fri., March 21st**  
Ruston Civic Center  
401 N Trenton St. Ruston  
7:45 PM Sobriety Count- Up  
8:00 PM Bill N.  
Arlington, TX

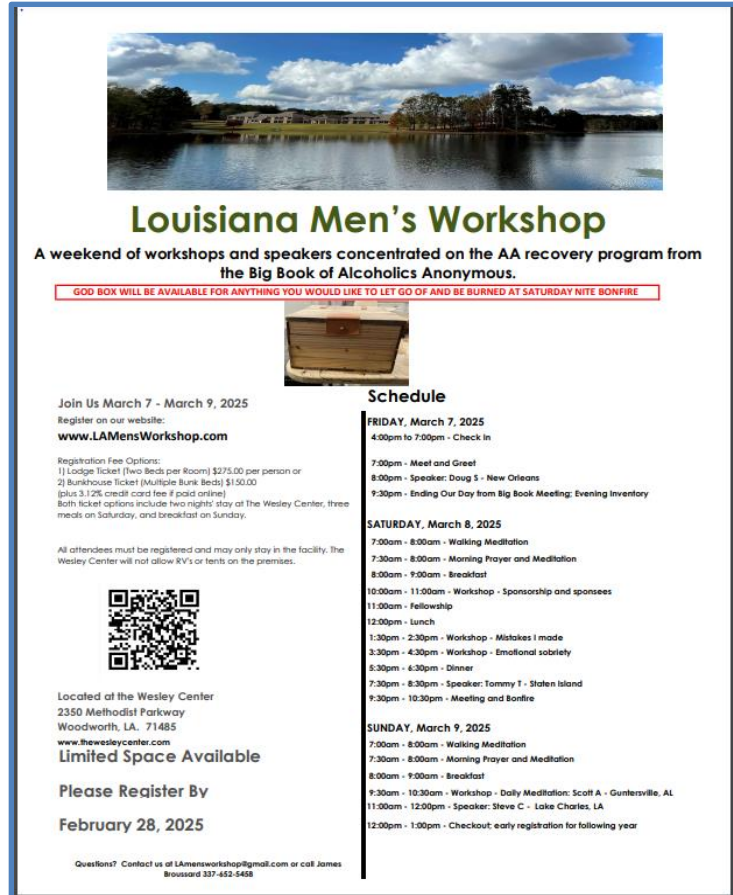
**Sat., March 22nd**  
212 W Mississippi  
7:30 AM Guided Meditation  
Ruston Civic Center  
10:00 AM John M  
Greenville, SC  
1:00 PM Ellen C  
AI-Anon Speaker  
Addison, TX  
2:30 Traditions Workshop  
Bill N  
8:00 PM Holly D  
Jacksonville, FL

**Sun., March 23rd**  
Ruston Civic Center  
10:00 AM Ashley C.  
Lafayette, LA

**Other Activities**  
Saturday Night Social  
Prize Raffle & 50/50  
Saturday Night BBQ Banquet


**Hotel**  
Hampton Inn- Ruston  
\$110/Night  
Book by 3/14/25

Pre-Registration: \$25 received by March 1<sup>st</sup>  
Registration \$30 after March 1<sup>st</sup>  
Register at [Rustonaa.org](http://Rustonaa.org)  
Chair- Chad W. Voice- Kayla D.  
Tapes by James M.



**Louisiana Men's Workshop**  
A weekend of workshops and speakers concentrated on the AA recovery program from the Big Book of Alcoholics Anonymous.


**GOD BOX WILL BE AVAILABLE FOR ANYTHING YOU WOULD LIKE TO LET GO OF AND BE BURNED AT SATURDAY NITE BONFIRE**



Join Us March 7 - March 9, 2025  
Register on our website:  
[www.LAMensWorkshop.com](http://www.LAMensWorkshop.com)

Registration Fee Options:  
1) Lodge Ticket (Two Beds per Room) \$275.00 per person or  
2) Bunkhouse Ticket (Multiple Bunk Beds) \$150.00  
(plus 3.12% credit card fee if paid online)  
Both ticket options include two nights' stay at The Wesley Center, three meals on Saturday, and breakfast on Sunday.

All attendees must be registered and may only stay in the facility. The Wesley Center will not allow RV's or tents on the premises.



Located at the Wesley Center  
2350 Methodist Parkway  
Woodworth, LA. 71485  
[www.thewesleycenter.com](http://www.thewesleycenter.com)  
Limited Space Available  
Please Register By  
February 28, 2025

Questions? Contact us at [LAMensworkshop@gmail.com](mailto:LAMensworkshop@gmail.com) or call James Broussard 337-452-5458

**Schedule**

**FRIDAY, March 7, 2025**  
4:00pm to 7:00pm - Check In  
7:00pm - Meet and Greet  
8:00pm - Speaker: Doug S - New Orleans  
9:30pm - Ending Our Day from Big Book Meeting; Evening Inventory

**SATURDAY, March 8, 2025**  
7:00am - 8:00am - Walking Meditation  
7:30am - 8:00am - Morning Prayer and Meditation  
8:00am - 9:00am - Breakfast  
10:00am - 11:00am - Workshop - Sponsorship and sponsees  
11:00am - Fellowship  
12:00pm - Lunch  
1:30pm - 2:30pm - Workshop - Mistakes I made  
3:30pm - 4:30pm - Workshop - Emotional sobriety  
5:30pm - 6:30pm - Dinner  
7:30pm - 8:30pm - Speaker: Tommy T - Staten Island  
9:30pm - 10:30pm - Meeting and Bonfire

**SUNDAY, March 9, 2025**  
7:00am - 8:00am - Walking Meditation  
7:30am - 8:00am - Morning Prayer and Meditation  
8:00am - 9:00am - Breakfast  
9:30am - 10:30am - Workshop - Daily Meditation: Scott A - Gunterville, AL  
11:00am - 12:00pm - Speaker: Steve C - Lake Charles, LA  
12:00pm - 1:00pm - Checkout: early registration for following year

Future Events- Flyers can be accessed on the Central Office Website:

<https://aa-acadiana.org/events>



**United**

*By: Sean B. | Charlottetown, Prince Edward Island*



*With arms clasped tight, a group sticks together to do its job. And this newcomer got to see that the minute he walked in the door.*

When I first entered the rooms of AA, I was suffering and in pain, unsure of myself and looking for answers. The members of that group went out of their way to make me feel welcome. They took me out for coffee, gave me their phone numbers and asked for mine (which I gladly gave). They took me to meetings when I wanted to go, they took me to meetings when I didn't want to go, and they took me to meetings when I wasn't sure what I wanted to do. They were constantly on the phone with me, checking to make sure I was OK.

And this effort didn't come from just one or two members. Almost all the older members of that group participated in keeping me busy, making me feel "a part of." They gave me their time, while giving me no time to think about drinking

During that first year I was in AA, it seemed to me that the members of my home group surrounded me, arms clasped tight, as if in some version of the game Red Rover. (does anyone remember that game?) And no matter how hard I tried, or how fast I ran, their arms held fast, and I could not break through. They kept me in the middle of AA, united in carrying the message to me until I was able to understand and then become part of the united circle for the next newcomer who walked in.

As much as I sometimes got angry at them and resented them for keeping me so occupied, I'm forever grateful that they loved me when I couldn't love myself, that they cared enough to show love by keeping me in the middle.

As AA members we have a declaration of unity, a tradition of unity, a duty to unity and a principle of unity. As an individual member, am I fulfilling this? As a group member, am I a part of this? As a trusted servant, am I a steward of this? Do I protect and inspire the practice of the principle of unity?

As a member of AA, I must continuously ask myself these questions. Am I taking the time to listen to all sides? Do I hear all sides, even if they go against my own thoughts? Am I being objective or is my mind closed to all other opinions except my own? Do I go out of my way to ensure that all voices are heard, regardless of their thoughts? There is no worse feeling than being left out, a sense that my voice doesn't matter.

I now understand that this is my great responsibility in AA. I'm to foster, nurture and protect that unity that every newcomer, indeed every member, deserves every time they walk through the doors of AA. The single most important thing I can do for every member of AA is to become a part of that circle that keeps us united, giving all of us the opportunity to be joyous, sober and free.

*This we owe to AA's future: To place our common welfare first; to keep our Fellowship united. For on AA unity depends our lives, and the lives of those to come.*



## My First Spiritual Experience

By: Mike B. | Wooster, Ohio

*Thanks to a patient sponsor and helpful words in the Big Book, he came to believe in a faith that would work*

I hear a lot of people struggle with Step Three. I struggled with it as well. When I got to the end of the ABCs in “How It Works” in our Big Book, I realized I was ready for the Third Step. As I read on, I saw all sorts of stuff about self-will and trying to control the show and other people. I felt that didn’t apply to me, so I moved forward until I got to the suggested Third Step Prayer. When I looked over the Prayer, I saw the words “Thou,” “wilt” and “Thee”—all too biblical for me, but the next paragraph had a loophole that saved me. It said the wording was quite optional as long as we expressed the idea, voicing it without reservation.

So I made up my own little prayer. I said, “God, I don’t know who you are, where you are or what you are, but if you lead, I’ll follow.” This was a beginning and so I moved forward, working Step Four.

After I was acquainted with my selfish, manipulative behavior in Step Four, I was finally ready to sit down with my sponsor for my Fifth Step. As soon as we started, he said, “Let’s get out our Big Books and read the Third Step Prayer together.” I was stuck. I couldn’t say no. So we read, “God, I offer myself to Thee—to build with me and do with me as Thou wilt. Relieve me of the bondage of self, that I may better do Thy will. Take away my difficulties, that victory over them may bear witness to those I would help of Thy Power, Thy Love, and Thy Way of Life. May I do Thy will always.”

I was floored. I just sat there in silence, as my sponsor quietly and patiently watched. Up to this point, I was going through these Steps so I could stop hurting, so I could stop tearing down the world around me, so I wouldn’t be so alone. I had been doing all this for me. But now I realized I wasn’t doing this for myself at all. I was asking God to help me so I could help others.

I’m sure there were tears because I still get choked up thinking about this moment I had with my sponsor. I believe this was my first spiritual experience. There have been many more, and I’m sure if God’s willing there are more to come. If we follow these Steps we’re certain to find a life-changing power, build a relationship with that power and discover the joy of helping others. What we find is very personal to each of us. God expresses himself to us in very unique ways. I don’t need to struggle with a definition of God to make a beginning, I just need some faith that something is there.





# February 2025 BIRTHDAYS



NAME	BIRTHDAY	HOME GROUP	YEARS	NAME	BIRTHDAY	HOME GROUP	YEARS
Todd S.	2/24/2001	A Design for Living	24	Jan M.	2/6/2012	New Way Group	13
Lisa G.	2/20/2011	A Design for Living	14	Jeannie H.	2/7/2012	New Way Group	13
Monique L.	2/28/2013	A Design for Living	12	Justin T.	2/16/2013	New Way Group	12
Shon A.	2/26/2015	A Design for Living	10	Nikki F.	2/19/2013	New Way Group	12
Bree S.	2/26/2013	A Vision for You	12	Chasity	2/4/2018	New Way Group	7
Mike W.	2/14/2018	A Vision for You	7	Sam T.	2/12/1990	Primary Purpose	35
Tyler P.	2/1/2018	A Vision for You	7	Mike W.	2/13/2002	Primary Purpose	23
Richard B.	2/12/1993	Back to Basics NI	32	Jerry N.	2/1/2003	Primary Purpose	22
Jad C.	2/8/2018	Back to Basics NI	7	Winnie D-B.	2/13/2010	Primary Purpose	15
Pete L.	2/26/2018	Back to Basics NI	7	Charlene B.	2/14/2012	Primary Purpose	13
Norman B.	2/3/1998	Candlelight Group	27	Scottie D.	2/26/2012	Primary Purpose	13
Chris D.	2/2/2016	Candlelight Group	9	Richard W.	2/21/2015	Primary Purpose	10
Joy B.	2/28/1974	Circle & Triangle	51	Vicky B.	2/14/2015	Primary Purpose	10
Ernie D.	2/10/2014	Dry Dock	11	Brett C.	2/17/2016	Primary Purpose	9
Sam C.	2/23/1987	Eunice Solutions	38	John H.	2/18/2016	Primary Purpose	9
Joshua F.	2/14/2003	Eunice Solutions	22	Lisha H.	2/25/2016	Primary Purpose	9
Kevin B.	2/25/1997	Faith Group	28	David D.	2/20/2018	Primary Purpose	7
Carissa T.	2/9/2006	Faith Group	19	Randy H.	2/15/1985	Reflections	40
Trey H.	2/14/2010	Faith Group	15	Drew V.	2/4/2001	Reflections	24
Phil S.	2/21/2016	Faith Group	9	Jamie C.	2/23/2007	Reflections	18
Caitlin M.	2/13/2018	Glum Nots	7	Bill B.	2/19/2010	Reflections	15
Whitney B.	2/24/2006	Gulf Coast Group	19	Sheli D.	2/18/2013	Reflections	12
Andrew M.	2/27/2012	Gulf Coast Group	13	Beryl B.	2/24/2014	Reflections	11
Donna C.	2/9/2012	Gulf Coast Group	13	Suzanne D.	2/22/2005	Sisters in Sobriety	20
Stephen M.	2/10/1990	Hub City	35	Jeanne F.	2/14/2006	Sisters in Sobriety	19
Adell T.	2/19/2006	Hub City	19	Ford F.	2/3/1987	Step by Step	38
Lauren J.	2/8/2013	Hub City	12	Celeste L.	2/6/1980	Sun Up	45
Bryan S.	2/23/2016	Hub City	9	Neil P.	2/13/1984	Sun Up	41
Heath V.	2/27/2016	Hub City	9	Chad T.	2/10/1987	Sun Up	38
Dennis H.	2/11/1987	Keys to the Kingdom	38	Glen D.	2/4/1993	Sun Up	32
Kim P.	2/17/2014	Kitchen Table Group	11	Butch C.	2/3/2001	Sun Up	24
Paul S.	2/15/2018	Kitchen Table Group	7	David B.	2/28/2005	Sun Up	20
Joy B.	2/7/1975	Last Chance Acceptance	50	Andy LeB.	2/22/2016	Sun Up	9
Denise D.	2/14/2001	Morgan Ave. Group	24	Amanda L.	2/19/2017	Sun Up	8
Don B.	2/4/1989	New Way Group	36	Christy H.	2/22/2018	Sun Up	7
Nelda H.	2/2/1997	New Way Group	28	Chad M.	2/1/2020	Sun Up	5
Joan B.	2/11/2002	New Way Group	23	Lauren B.	2/9/2020	Sun Up	5
Yvonne D.	2/5/2006	New Way Group	19	Richard Z.	2/1/2020	Sun Up	5
Craig C.	2/16/2008	New Way Group	17	Shawn A.	2/6/1998	Surrender	27
Chad G.	2/25/2009	New Way Group	16	Scott U.	2/14/2011	Surrender	14
Jan M.	2/6/2011	New Way Group	14	Matt V.	2/11/2014	Surrender	11
Terry C.	2/1/2011	New Way Group	14	Jake T.	2/22/2016	There is a Solution	9

1523 YEARS!

Don't see your name?

Go to [aa-acadiana.org](http://aa-acadiana.org) and complete the "Sobriety Date Submittal" form!





## Acadiana Area Service/Committee Meetings

### **Fellowship of the Spirit South Committee Meeting**

1st Sunday — 4:00 pm  
210 8th St. (Turning Point)

### **Central Office Steering Committee Meeting**

2nd Sunday — 4:00 pm  
115 Leonie St. (Central Office)

### **District 13E Meeting (GSRs)**

2nd Wednesday — 6:00 pm  
300 E Martial Ave (Covenant United Methodist Church)  
Zoom ID: 828 6914 4187      Password: District13

### **Cajun Country Conference Committee Meeting**

3rd Sunday — 3:00 pm  
210 8th St. (Turning Point)

### **Central Office Representatives (COR) Meeting**

3rd Sunday — 4:00 pm  
210 8th St. (Turning Point)

### **LASCYPAA Committee Meeting**

4th Sunday — 9:00 am  
924 Kaliste Saloom Rd. (The DOC)

### **Louisiana State Convention Committee Meeting**

4th Sunday — 3:00 pm  
Baton Rouge Central Office  
10319 Old Hammond Hwy, Baton Rouge, LA

### **Louisiana (Area 27) Assembly**

Nov 9-10, 2024  
Holiday Inn Baton Rouge  
9990 Airline Hwy, Baton Rouge, LA

Update COR contact info at:

[aa-acadiana.org/cor](http://aa-acadiana.org/cor)

Update GSR contact info at:

[district13e.org/gsr](http://district13e.org/gsr)