



PLUG-IN-JUG NEWS



Step 2: "Came to believe that a Power greater than ourselves could restore us to sanity."

Tradition 2: "For our group purpose there is but one ultimate authority — a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern."



**February
2025**

**COR Meeting
Feb 16, 2025**

Turning Point, 210 8th Street

VOLUNTEERS NEEDED!

Acadiana Area Central Office is looking for volunteers to answer the "AA Hotline" phone after hours and on weekends.

Call 337-991-0830 to sign up.

Meeting Guide App:



Scan to install!

Literature and more available at Acadiana Area Central Office:

- | | | |
|--|--|---|
| <ul style="list-style-type: none"> • Big Books (all formats!) • 12 Steps & 12 Traditions • As Bill Sees It • Dr. Bob and the Good Old-Timers • AA Comes of Age • Language of the Heart • Daily Reflections • Pass It On • Living Sober • Came To Believe | <ul style="list-style-type: none"> • <u>¡También disponible!</u> • Alcohólicos Anónimos "Libro Grande" • Doce Pasos y Doce Tradiciones • Reflexiones Diarias • Como Lo Ve Bill • AA Manual de Servicio • Living Sober • AA Service Manual • Big Book Dictionary • 12&12 Dictionary | <ul style="list-style-type: none"> • AA Service Manual • AA Pamphlets • Newcomer Packets • Sobriety Chips • Meeting Lists • Event Flyers • Drop The Rock • DTR Ripple Effect • 24 Hours A Day • A New Pair Of Glasses |
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Acadiana Area Central Office, Inc.

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P.O. Box 61144 Lafayette, LA 70596

Office Hours:

Mon - Fri 11:00 - 4:00

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Want to contribute an item to the Plug-In-Jug? Email us at centraloffice@aa-acadiana.org or send it to Acadiana Area Central Office by the 15th of the month to mail out with the following months publication.

MISSION STATEMENT

It is the goal of your Central Office Steering Committee to monitor and improve upon the quality of services provided by the office and its workers. The Steering Committee meets regularly to review Policies and Operations in order to improve its services to our A.A. Community.

aa-acadiana.org

Email the Central Office at: centraloffice@aa-acadiana.org

MONTHLY DONATIONS

Donations (Not Taxable)						
Anonymous Donations						
	45671	Deposit	Pay Pal	PAYPAL TRANSFER XXXX	First Horizon (9224)	40.67
	45684	Sales Receipt	Experience Strength & Hope		Undeposited Funds	15.64
Total for Anonymous Donations						56.31
Group Donations						
	45672	Sales Receipt	Glum Nots		Undeposited Funds	150
	45673	Sales Receipt	Kitchen Table Group		Undeposited Funds	578
	45673	Sales Receipt	Kitchen Table Group		Undeposited Funds	482.53
	45674	Sales Receipt	There Is A Solution Gueydan		Undeposited Funds	15
	45684	Sales Receipt	Primary Purpose Group		Undeposited Funds	341.37
	45684	Sales Receipt	ACO New Years Alcathon		Undeposited Funds	338
	45685	Sales Receipt	Surrender Group		Undeposited Funds	148.1
	45688	Sales Receipt	A Vision for You Group		Undeposited Funds	300
	45688	Sales Receipt	Sun Up Group		Undeposited Funds	485.95
	45688	Sales Receipt	Back to Basics New Iberia Group		Undeposited Funds	25
Total for Group Donations						2863.95
Total for Donations (Not Taxable) with sub-accounts						2920.26
						2920.26

Drinking problem?

Call [337-991-0830](tel:337-991-0830) 24/7

[DONATE](#)

Español [337-298-9762](tel:337-298-9762)



Acadiana Central Office

Alcoholics Anonymous in the Acadiana Area

You can now donate to the Central Office via PayPal.
Any donations *from AA members* will be appreciated.
If donating for a group, please include group name in memo.

Events

Lake Area Roundup 2025 March 7 - 8

Prien Lake Park: 3700 W Prien Lake Rd, Lake Charles, LA 70605



Schedule	
Friday	Saturday
4:00 PM - Registration/Appetizer Social	7:00 AM - Morning Meditation with Kerry H
6:00 PM - Dinner	7:30 AM - Donut Social
7:00 PM - Jamie & Tommy W (Austin, TX), AA	8:30 AM - Old Timers and Newcomers Panel
8:00 PM - Raffle	10:00 AM - Traditions Q&A Workshop
8:30 PM - Ice Cream Social	11:30 AM - Lunch
9:00 PM - Late Night Meeting	12:30 PM - Entertainment
	2:30 PM - Angie B (Destin, FL), Al-Anon
	3:45 PM - We Agnostics Workshop (Breakout Sessions)
	5:30 PM - Dinner
	6:30 PM - Sobriety Countdown
	7:00 PM - Belinda F (New Orleans, LA), AA
	8:00 PM - Raffle & Split the Pot

Hotel Information: Wingate by Wyndham, 1731 W Prien Lake Rd, Lake Charles, LA 70605
Block Rate (Lake Area Roundup): \$140/night by Feb 7, phone (337) 426-0366
Hotel will provide transportation to the event!

REGISTRATION IS \$35 IN ADVANCE, \$45 AT THE DOOR
 INCLUDES ENTRY FOR THE ENTIRE WEEKEND, ALL MEALS, AND SOCIALS

T-SHIRTS ARE AVAILABLE FOR \$25 (BELLA CANVAS) - ORDER BY FEB 1 TO GUARANTEE SIZE

Name _____
 Street Address _____
 City, State, Zip _____
 Phone _____
 E-mail _____
 Homegroup _____
 T-shirt Size _____

Please mail form, with check, to:
 Lake Area Roundup
 PO Box 113
 Lake Charles, LA 70602
 OR Venmo Payment
 @lakearearoundup2025



Louisiana Men's Workshop

A weekend of workshops and speakers concentrated on the AA recovery program from the Big Book of Alcoholics Anonymous.

GOD BOX WILL BE AVAILABLE FOR ANYTHING YOU WOULD LIKE TO LET GO OF AND BE BURNED AT SATURDAY NITE BONFIRE



Join Us March 7 - March 9, 2025

Register on our website:
www.LAMensWorkshop.com

Registration Fee Options:
 1) Lodge Ticket (two beds per room) \$175.00 per person or
 2) Bunkhouse Ticket (Multiple Bunk Beds) \$150.00
 (plus 3.12% credit card fee if paid online)
 Both ticket options include two nights' stay at The Wesley Center, three meals on Saturday, and breakfast on Sunday.

All attendees must be registered and may only stay in the facility, The Wesley Center will not allow RV's or tents on the premises.



Located at the Wesley Center
 2350 Methodist Parkway
 Woodworth, LA, 71485
www.thewesleycenter.com

Limited Space Available

Please Register By

February 28, 2025

Questions? Contact us at LAMensworkshop@gmail.com or call James
 Broussard 337-452-5468

Schedule

FRIDAY, March 7, 2025
 4:30pm to 7:50pm - Check in

7:00pm - Meet and Greet
 8:00pm - Speaker: Doug S - New Orleans
 9:30pm - Ending Our Day from Big Book Meeting; Evening Inventory

SATURDAY, March 8, 2025

7:00am - 8:00am - Walking Meditation
 7:30am - 8:00am - Morning Prayer and Meditation
 8:00am - 9:00am - Breakfast
 10:00am - 11:00am - Workshop - Sponsorship and sponsees
 11:00am - Fellowship
 12:00pm - Lunch
 1:30pm - 2:30pm - Workshop - Mistakes I made
 3:30pm - 4:30pm - Workshop - Emotional sobriety
 5:30pm - 6:30pm - Dinner
 7:30pm - 8:30pm - Speaker: Tommy T - Staten Island
 9:30pm - 10:30pm - Meeting and Bonfire

SUNDAY, March 9, 2025

7:00am - 8:00am - Walking Meditation
 7:30am - 8:00am - Morning Prayer and Meditation
 8:00am - 9:00am - Breakfast
 9:30am - 10:30am - Workshop - Daily Meditation; Scott A - Gunterville, AL
 11:00am - 12:00pm - Speaker: Steve C - Lake Charles, LA
 12:00pm - 1:00pm - Checkout; early registration for following year

32ND UPSTATE ANNUAL Convention

March 20th- 23rd, 2025

Thurs., March 20th
Kick-Off Party
 Gratitude House
 1501 White St. Ruston
6:00 PM Dinner
8:00 PM Kayla D

Fri., March 21st
 Ruston Civic Center
 401 N Trenton St. Ruston
7:45 PM Sobriety Count-Up
8:00 PM Bill N.
 Arlington, TX

Sat., March 22nd
 212 W Mississippi
7:30 AM Guided Meditation
 Ruston Civic Center
10:00 AM John M
 Greenville, SC
1:00 PM Ellen C
 Al-Anon Speaker
 Addison, TX
2:30 Traditions Workshop
 Bill N
8:00 PM Holly D
 Jacksonville, FL

Sun., March 23rd
 Ruston Civic Center
10:00 AM Ashley C.
 Lafayette, LA

Other Activities
Saturday Night Social
 Prize Raffle & 50/50
Saturday Night BBQ Banquet

Hotel
 Hampton Inn- Ruston
 \$110/Night
 Book by 3/14/25

Pre-Registration: \$25 received by March 1st
Registration \$30 after March 1st
 Register at Rustonaa.org
 Chair- Chad W. Voice- Kayla D.
 Tapes by James M.

Future Events- Flyers can be
 accessed on the Central
 Office Website:

<https://aa-acadiana.org/events>



Staying in the Game

By: R.K. | Benicia, California

Through years of challenges, he keeps showing up. And he can't wait to see what's next

When I first came into the program I knew nothing about AA. I did not go to a detox or rehab. I came in off the streets. I was 28 and thought my life was over. I had never heard such raw and honest emotion as I did at those meetings. I started going to lots of meetings every week.

I remember a lady about my age named Robin who had about two years more than me. She was one of those people who seemed to talk at every meeting. She shared about rage and God and the fact that she had MS. I stayed clear of her at first because that amount of anger is hard to be around. Amazingly, at nine months sober I too was diagnosed with MS. To say I was angry would be an understatement. Robin and I became friends. My friend Robin didn't walk with a cane or crutches. My MS, however, was very progressive. After just a few months, I started losing my cane and using crutches. And then I got a wheelchair.

Around that time, one of my AA friends encouraged me to get involved with general service to take my mind off myself. I got elected GSR for one of my groups. When I was two years sober, our area was having a general service assembly, and I went. I used my wheelchair in public there for the first time.

About two years after that my friend Robin got married, and I attended her wedding in my wheelchair. At the wedding she pulled me aside and told me she was upset that I had shown up in my wheelchair. She said she thought people would think she too would end up in a wheelchair. After that our friendship faded away. About a year later I moved away to go to law school. As my MS got worse I was determined to see what I could and could not do. At the end of my first year in law school I went to another AA assembly. To my surprise I was elected as the new literature chair. I got very busy and stayed sober all year.

That year I got a surprise call from my dad. He told me he had 30 days sober in AA! I was so happy. That began a 13-year journey of the two of us traveling across the U.S. going to AA conventions together. We became good friends. It was such a far cry from my days in high school, when he would get a call from the police two or three times a month to come and get me out of jail for being drunk in public. He and I got a kick out of recalling those days. When my dad passed away nothing was left unsaid between us.

I eventually graduated law school, passed the California bar and started my own law firm. A year later my story was selected to be published in the Big Book.

The years have passed, and my MS got worse. But AA kept me sober. At 25 years sober I lost the use of my left arm, so I went from a manual wheelchair to a power one. After another nine years I started losing the use of my right arm. Contrary to what you may think, I'm OK most of the time. My sober life has been beyond my wildest dream. I'm 62 years old and 34 years sober now and still looking forward to tomorrow. I actually can't wait to see what happens next.



All is Well

By: Joyce K. | Coral Springs, Florida

Thanks to a sober doctor who showed her the way, she's had a full, healthy life for decades now—and she's only 83!

As a longtimer in AA (not an oldtimer, please), I came into the program in 1977. I was 40 years old. I was in a hopeless state and suffering from malnutrition and cirrhosis of the liver. And here I am now, at 83. I'm in great physical, mental and spiritual condition. When they said things will happen beyond your wildest dreams, they meant it.

I knew nothing about AA when I got here. There were no recovery books in stores or TV shows about recovery. All I knew is that when I had the DTs in 1975 at a hospital in Teaneck, New Jersey and I saw little rats and mice running under the bed, the doctor told me, "You're an alcoholic."

After strapping me down on the bed the nurses mentioned that I needed to go to this place called Alcoholics Anonymous. I conned them into thinking I was going to do just that and left the hospital on my merry way.

The next year I moved to Florida with my alcoholic husband and our four wonderful kids. By 1977 my drinking was worse than ever. I told my husband to find me a doctor, so he picked a name out of the phone book. We went to see a doctor I'll call Dr. U. He took one look at me and told me I had cirrhosis.

"Am I gonna die?" I asked him. "You're not going to die if you stop drinking," he answered. Then I said, "Well, I'm gonna die because I can't stop drinking." That's when he told me that he happened to be a member of AA. I knew at that moment that there was a something bigger that brought me there. For me, finding that doctor was a spiritual experience.

Dr. U put me in the hospital and, a few days later, he said some ladies were going to come and see me. I was Twelfth Stepped by two women from AA who took the time out of their day to come visit me in the hospital. One was named Mary, and the other one was Ruth. Mary later turned out to be my sponsor.

Unfortunately, Dr U didn't stay sober. He later died from an overdose of alcohol and drugs. I went to his funeral and cried with his wife and family. I don't ever want to forget him, as he was my connection to God and to this wonderful Fellowship. He was my message carrier. You never know where or when or by whom the message will be given to you.

At six months sober, I started sponsoring women and I have been a member of my home group for 43 years. I served my district and area for over 30 years. I had the privilege of serving in New York on a trustees' committee for four years. My husband came into the program in 1980, and he and I fell in love all over again. He served as the Panel 47 Delegate from Area 15 South Florida. He passed away in 2001, by God's grace sober, after 23 years of sobriety.

My four children are the best. My oldest daughter is in the health field, our next daughter is a past delegate for Al-Anon and a devoted member of that Fellowship. My third daughter has 34 years in another program, where she sponsors a lot of women. My son, who absolutely loves AA, has three years sober now.

I have four grandchildren, one great-grandchild and another one on the way. I'm a Tradition thumper. I want AA to be here for my grandchildren and my great-grandchildren should they need it. I am happy, joyous and free today. All is well. Like Dr. Bob said, "Let's not louse this thing up."



February 2025 BIRTHDAYS



NAME	BIRTHDAY	HOME GROUP	YEARS	NAME	BIRTHDAY	HOME GROUP	YEARS
Todd S.	2/24/2001	A Design for Living	24	Jan M.	2/6/2012	New Way Group	13
Lisa G.	2/20/2011	A Design for Living	14	Jeannie H.	2/7/2012	New Way Group	13
Monique L.	2/28/2013	A Design for Living	12	Justin T.	2/16/2013	New Way Group	12
Shon A.	2/26/2015	A Design for Living	10	Nikki F.	2/19/2013	New Way Group	12
Bree S.	2/26/2013	A Vision for You	12	Chasity	2/4/2018	New Way Group	7
Mike W.	2/14/2018	A Vision for You	7	Sam T.	2/12/1990	Primary Purpose	35
Tyler P.	2/1/2018	A Vision for You	7	Mike W.	2/13/2002	Primary Purpose	23
Richard B.	2/12/1993	Back to Basics NI	32	Jerry N.	2/1/2003	Primary Purpose	22
Jad C.	2/8/2018	Back to Basics NI	7	Winnie D-B.	2/13/2010	Primary Purpose	15
Pete L.	2/26/2018	Back to Basics NI	7	Charlene B.	2/14/2012	Primary Purpose	13
Norman B.	2/3/1998	Candlelight Group	27	Scottie D.	2/26/2012	Primary Purpose	13
Chris D.	2/2/2016	Candlelight Group	9	Richard W.	2/21/2015	Primary Purpose	10
Joy B.	2/28/1974	Circle & Triangle	51	Vicky B.	2/14/2015	Primary Purpose	10
Ernie D.	2/10/2014	Dry Dock	11	Brett C.	2/17/2016	Primary Purpose	9
Sam C.	2/23/1987	Eunice Solutions	38	John H.	2/18/2016	Primary Purpose	9
Joshua F.	2/14/2003	Eunice Solutions	22	Lisha H.	2/25/2016	Primary Purpose	9
Kevin B.	2/25/1997	Faith Group	28	David D.	2/20/2018	Primary Purpose	7
Carissa T.	2/9/2006	Faith Group	19	Randy H.	2/15/1985	Reflections	40
Trey H.	2/14/2010	Faith Group	15	Drew V.	2/4/2001	Reflections	24
Phil S.	2/21/2016	Faith Group	9	Jamie C.	2/23/2007	Reflections	18
Caitlin M.	2/13/2018	Glum Nots	7	Bill B.	2/19/2010	Reflections	15
Whitney B.	2/24/2006	Gulf Coast Group	19	Sheli D.	2/18/2013	Reflections	12
Andrew M.	2/27/2012	Gulf Coast Group	13	Beryl B.	2/24/2014	Reflections	11
Donna C.	2/9/2012	Gulf Coast Group	13	Suzanne D.	2/22/2005	Sisters in Sobriety	20
Stephen M.	2/10/1990	Hub City	35	Jeanne F.	2/14/2006	Sisters in Sobriety	19
Adell T.	2/19/2006	Hub City	19	Ford F.	2/3/1987	Step by Step	38
Lauren J.	2/8/2013	Hub City	12	Celeste L.	2/6/1980	Sun Up	45
Bryan S.	2/23/2016	Hub City	9	Neil P.	2/13/1984	Sun Up	41
Heath V.	2/27/2016	Hub City	9	Chad T.	2/10/1987	Sun Up	38
Dennis H.	2/11/1987	Keys to the Kingdom	38	Glen D.	2/4/1993	Sun Up	32
Kim P.	2/17/2014	Kitchen Table Group	11	Butch C.	2/3/2001	Sun Up	24
Paul S.	2/15/2018	Kitchen Table Group	7	David B.	2/28/2005	Sun Up	20
Joy B.	2/7/1975	Last Chance Acceptance	50	Andy LeB.	2/22/2016	Sun Up	9
Denise D.	2/14/2001	Morgan Ave. Group	24	Amanda L.	2/19/2017	Sun Up	8
Don B.	2/4/1989	New Way Group	36	Christy H.	2/22/2018	Sun Up	7
Nelda H.	2/2/1997	New Way Group	28	Chad M.	2/1/2020	Sun Up	5
Joan B.	2/11/2002	New Way Group	23	Lauren B.	2/9/2020	Sun Up	5
Yvonne D.	2/5/2006	New Way Group	19	Richard Z.	2/1/2020	Sun Up	5
Craig C.	2/16/2008	New Way Group	17	Shawn A.	2/6/1998	Surrender	27
Chad G.	2/25/2009	New Way Group	16	Scott U.	2/14/2011	Surrender	14
Jan M.	2/6/2011	New Way Group	14	Matt V.	2/11/2014	Surrender	11
Terry C.	2/1/2011	New Way Group	14	Jake T.	2/22/2016	There is a Solution	9

1523 YEARS!

Don't see your name?

Go to aa-acadiana.org and complete the "Sobriety Date Submittal" form!





Acadiana Area Service/Committee Meetings

Fellowship of the Spirit South Committee Meeting

1st Sunday — 4:00 pm
210 8th St. (Turning Point)

Central Office Steering Committee Meeting

2nd Sunday — 4:00 pm
115 Leonie St. (Central Office)

District 13E Meeting (GSRs)

2nd Wednesday — 6:00 pm
300 E Martial Ave (Covenant United Methodist Church)
Zoom ID: 828 6914 4187 Password: District13

Cajun Country Conference Committee Meeting

3rd Sunday — 3:00 pm
210 8th St. (Turning Point)

Central Office Representatives (COR) Meeting

3rd Sunday — 4:00 pm
210 8th St. (Turning Point)

LASCYPAA Committee Meeting

4th Sunday — 9:00 am
924 Kaliste Saloom Rd. (The DOC)

Louisiana State Convention Committee Meeting

4th Sunday — 3:00 pm
Baton Rouge Central Office
10319 Old Hammond Hwy, Baton Rouge, LA

Louisiana (Area 27) Assembly

Nov 9-10, 2024
Holiday Inn Baton Rouge
9990 Airline Hwy, Baton Rouge, LA

Update COR contact info at:

aa-acadiana.org/cor

Update GSR contact info at:

district13e.org/gsr