

Step 4: "Made a searching and fearless moral inventory of ourselves."

Tradition 4: "Each group should be autonomous except in matters affecting other groups or A.A. as a whole"



**April** 

**COR Meeting** April 20th, 2025 Turning Point, 210 8th Street

### **VOLUNTEERS NEEDED!**

Acadiana Area Central Office is looking for volunteers to answer the "AA Hotline" phone after hours and on weekends.

Call 337-991-0830 to sign up.



### Literature and more available at Acadiana Area Central Office:

- Big Books (all formats!)
- As Bill Sees It
- Dr. Bob and the Good Old-Timers
- AA Comes of Age
- Language of the Heart
- Daily Reflections
- Pass It On
- Living Sober
- Came To Believe

- :También disponible!
- 12 Steps & 12 Traditions Alcohólicos Anónimos "Libro Grande"
  - Doce Pasos y Doce Tradiciones
  - Reflexiones Diarias
  - Como Lo Ve Bill
  - AA Manual de Servicio
  - Livina Sober
  - AA Service Manual
  - Big Book Dictionary
  - 12&12 Dictionary

- AA Service Manual
- AA Pamphlets
- **Newcomer Packets**
- Sobriety Chips
- Meeting Lists
- **Event Flyers**
- Drop The Rock
- DTR Ripple Effect
- 24 Hours A Day
- A New Pair Of Glasses



Central Office, Inc.

Located at:

115 Leonie St., Lafayette, LA 70506

Phone: 337-991-0830

(24 Hours)

Mail all **Contributions** 

to:

P.O. Box 61144 Lafayette, LA 70596

Office Hours:

Mon - Fri 11:00 - 4:00

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Acadian a Area

Want to contribute an item to the Plug-In-Jug? Email us at centraloffice@aaacadiana.org or send it to Acadiana Area Central Office by the 15th of the month to mail out with the following months publication.

### MISSION STATEMENT

It is the goal of your Central Office Steering Committee to monitor and improve upon the quality of services provided by the office and its workers. The Steering Committee meets regularly to review Policies and Operations in order to improve its services to our A.A.

aa-acadiana.org

Email the Central Office at: centraloffice@aa-acadiana.org

### Acadiana Area Central Office March 2025 Transaction type Name Full name Amount Donations (Not Taxable) Anonymous Donations Donations (Not Taxable): Anonymous Deposit Donations 19.11 Donations (Not Taxable): Anonymous Deposit Pay Pal Donations 9.31 Donations (Not Taxable): Anonymous Pay Pal Deposit Donations 40.67 Total for Anonymous Donations 69.09 **Group Donations** Sales Receipt There Is A Solution Gueydan Donations (Not Taxable): Group Donations 15 Sales Receipt Kitchen Table Group Donations (Not Taxable): Group Donations 493.72 Sales Receipt Kitchen Table Group Donations (Not Taxable): Group Donations 76.2 Sales Receipt Back to Basics New Iberia Group Donations (Not Taxable): Group Donations 25 Sales Receipt Sun Up Group Donations (Not Taxable): Group Donations 81.96 Total for Group Donations 691.88 Total 760.97



You can now donate to the Central Office via PayPal.
Any donations *from AA members* will be appreciated.
If donating for a group, please include group name in memo.

### **Events**

## Gulf Coast Group's 15th Anniversary Celebration

Saturday | May 17th | 2025 Vineyard Church | 705 Bonin Road | Lafayette, LA

### Workshop | 10am - 1pm

Leaving AA Better than We Found It Being in AA, Not Just Going to AA

Donuts and coffee will be served

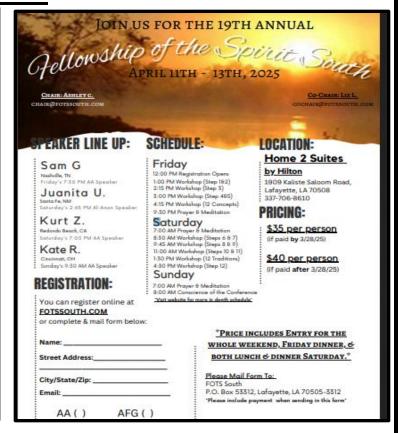
### Food and Fellowship | 4:30pm - 6pm

Main dish (last names from A – M)
Dessert (last names from N – Z)

Speaker Meeting | 6:00 – 7:30 pm

Jimmy D of the Chicago Group of Dallas

For more information or to be of service, please contact: Anthony D @ 917-337-1333 or Deborah Y @ 337-205-1975





Future Events- Flyers can be accessed on the Central Office Website:

https://aa-acadiana.org/events





### The Right Thing to Do

By: Paul C. | Oceanside, California

With partners, employers, neighbors and friends, amends made his life so much better in entirely unexpected ways

One of the earliest amends I made was with a young woman I treated shabbily during our (justifiably short) relationship. Let's call her Jane Doe. When I wrote my Eighth Step list, I called her up and she invited me over to her place, which was a considerable distance from where I was living at the time. I had no car and no driver's license. An AA friend drove me to her apartment, where I was received warmly. When I was done saying what I needed to say, Jane responded, in essence, "It's water over the dam, Paul. Don't worry about it. I'm glad you're sober." Then she offered to make me lunch, which I accepted gratefully while my friend waited patiently in his car. I was walking on air when I left her apartment.

Some 15 years later, I was teaching in a university-affiliated program. From time to time, I received mailings from the registrar about my class roster or other administrative matters (this was all before computers). I started noticing cute, handwritten notes in the mailings signed by "Jane" something other than Doe, since Jane had gotten married and changed her last name. But I didn't know that. I just thought she was an overly friendly office clerk.

One day I stopped by the registrar's office where I discovered that the Jane writing me notes from the registrar's office was the same Jane I had made amends to so many years ago. She and I had a happy reunion, and I was able to talk to her about her alcoholic brother and offer to help him. I also provided her with some AA pamphlets and suggest Al-Anon to her.

Sometime after that I bumped into Jane when she was with her husband and children in a restaurant, and she gleefully presented me to her family as an "old friend." This was yet another positive meeting with Jane. I can't imagine how I would have felt if I'd had to work with her without having restored our relationship.

Shortly before I got sober, I was working in a small, neighborhood grocery store. A talented contingent of young men worked there: one went on to become a television camera operator and another a math teacher. The store's senior employee was a budding accountant. I didn't do much more than stand around with my hands in my pockets, which led to being laid off in short order. Another thing I did there was let a friend occasionally go through the check-out line without paying for all his purchases.

Early in my recovery, I made amends to the married couple who owned the store. When I called the store and spoke to "Mrs. Jones" to explain to her why I wanted to meet with her, she asked me if this was some "sorry for God trip." I assured her it was not and when we met in person I described to her what I had done and presented her with the cash that I owed them. She accepted it graciously, but she was far more interested in whether I was aware of any other employee scams that were ripping off the store. I did not. So with her judicious advice that I should "eat better," I went on my way.

A couple of years later, I saw "Mr. Jones" in a shopping center. He was far enough away that I could have turned ever so slightly to my right, pretending I hadn't seen him. If I had done that, no one would have known except me, but by then it was important to nurture my integrity. I walked over to him and we shook hands, exchanged pleasantries, inquired about our families and parted with me feeling good about the whole situation.

More significantly, about 10 or 15 years later, I got a prestigious job in an office complex that had a small, indoor waterfall and a babbling brook running through it. The babbling brook was very soothing. I noticed there was an accountant practicing in the office next to ours. One of the names on the practice seemed familiar, but that I couldn't quite place it.

Then one day I bumped into "John" and I realized that he was the budding accountant who had been the senior employee at the family-run grocery store. We had a great reunion. He even did some tax work for me.

Can you imagine how I would have felt if I started a new job in an office next to him and I hadn't made amends to our earlier employer? I would have felt terrible, and it would have cast a pall over my new employment. No babbling brook or waterfall could have relieved my tension over my former misdeeds, but the Ninth Step had done the job just fine.

As a teenager, I was an annoying neighbor to a nearby family, even though our families celebrated holidays and went on vacations together. I went back home to meet with the family to make amends, and after I finished my piece the father of the family said to me, "Paul, I wouldn't have given a plugged nickel for your chances."

We had a good laugh over that, and he and his wife continued to keep in touch with me. The father enjoyed considerable business success. One time they asked me to find lodging for them for a month while they and another couple visited my town on vacation, so I made the arrangements. They insisted on taking me to dinner several times, and this was always to over-the-top, expensive restaurants where they would pick up the tab for all of us.

Many years later, the father called me, concerned about his daughter, who was experiencing trouble with alcohol and drugs. He was considering placing her in a residential treatment center a few hundred miles from where I then lived, and he asked for my advice. I told him it was a good idea and that I would visit her in the hospital. He paid for her treatment, and I visited her—another important, amends-related reunion. It's significant to note that the father, who was a real mover-and-shaker in my hometown and nearby communities, could have consulted with any number of nearby luminaries about his daughter's problem, but he chose to talk to me, the skinny, annoying neighbor kid who recovered from alcoholism and made amends to him and his family.

There's an old show business adage that says we should be kind to the people we meet on the way up because we'll also meet them on the way back down. In AA, of course, we want to be diligent and kind and thorough about this business of making amends. We make amends because it's the right thing to do. It's important to me that the Eighth Step uses the word "all" twice and does not limit amends to those wrongdoings that happened as a result of our drinking. The AA equivalent of the show business saying might be, "Be kind to everyone, especially when you try to repair damaged relationships, because you never know where you may bump into those people again."





### That Wonderful Sense of Belonging

By: Scotty K. | New Orleans, Louisiana

A motorcycle trip was what he loved most in life. But why could he not enjoy it? Ninth Step to the rescue

Although I had dabbled in the Steps, I had yet to complete them from beginning to end. At a men's Step study, I met a guy who had obviously been taken through these Steps before. He and I began to work together. This was the first time I'd ever actually understood much of anything the Big Book has to say. It was kind of a revelation.

By the time we were halfway through, I began to experience a sense of ease unknown before. Strange as it may sound, I could only relate this sense of great peace to the effects I sometimes used to get with opiates. In doing the Ninth Step, I made all the amends that didn't require money because I didn't have any at that time.

Although sober life became truly wonderful for a spell, by six and a half years in the program I again experienced what one of our oldtimers used to call. "nuclear emotional meltdown." It was the worst thing I'd experienced yet in sobriety.

Luckily summer was here, and the time for motorcycle travel was upon me. This was the thing I loved most in life, and I knew the coming adventures would fix me. Leaving from my home in Southern California I headed for a smallish, sober motorcycle rally in the mountains of Colorado. All went well there, except for the nagging fact that I was unable to enjoy the event.

Next would be the Sturgis Motorcycle Rally in South Dakota. Life would surely be great there, I thought. But again the "ism" followed me and again I was miserable. After that I decided to visit an old girlfriend in Minnesota. Surely she would fix it. But she had been sober 15 years and had not been to an AA meeting in 10. Her discomfort only made mine worse.

There was more that happened that year, but the misery followed me through all of it. I'd believed that after all my external ducks were in a row, I would be happy. Well, my ducks were now lined up perfectly and I was still suffering. I should be having a nice life because I'm sober, yet I'm unable to enjoy it, I thought. It's because I'm an alcoholic and all I'm doing is not drinking.

Eventually, cold weather closed in and I found myself held up in a cheap hotel in Montana. I thought back to the Step work I'd done more than a year earlier. I had completed all the Steps except my financial amends because I had no money back then. But now I did have some money, at least a little.

One of these amends was to pay \$550 to a landlord I'd run out on when I'd left the small California mountain town where I lived and drank for most of my alcoholic career. I didn't want to pay him because I'd already gone over that Ninth Step in my mind, and I thought I knew what would happen. I'd give him my money, then I'd have no money to do the things I wanted to do, and I'd be really mad.

But I was desperate. So I decided to return to see my old landlord Arthur and at least pay \$250 of my debt to him, which is what I could afford at the time.

It was a hot day as I rode shirtless up the tiny and mostly deserted road that twisted slowly through tall pines as it ascended the back side of the mountain. And I talked to God, saying, "You know, God, I'm not going to do this because I'm such a nice guy. And I'm not doing it because I'm such a spiritual human being. I'm going up there to try and buy \$250 worth of serenity!" This nutty talk made me laugh because it was the truth. I parked my bike in front of my old landlord's wallpaper and drapery business. A minute later, his company van pulled in and Arthur stepped out. I said, "Arthur, do you remember me?" He didn't. After more than six years of sobriety, I looked quite different. I told him my name and he groaned.

Next, I asked if I could step into his office for a talk. Arthur conceded, for he had always been a very nice guy. Although I'd recently studied the Ninth Step procedure in the book again, I was still very nervous.

Once seated at the other side of Arthur's desk I told him I was an alcoholic. I figured he already knew this, but strangely he didn't.

lasted even after I got home. And in the following weeks when serenity began to wane, I'd send Arthur another \$100.

Now, the definition of "amends" is not to simply say, "I'm sorry," because alcoholics tend to be very sorry people. No. Amends is an effort to make right a wrong I had done. The Big Book told me that a Ninth Step recipient would be far more interested in my attempt to set things right than any talk of spiritual revelations or sobriety, so I got right to the point.

I admitted my debt and asked if \$550 was the correct amount. He said it was. I asked if \$250 would be OK now and I'd pay the balance later. He said OK. So I set the money on the desk, then asked how he'd been and what was new.

"You are," Arthur said. "I can't believe you're doing this." We sat and talked for quite a while. When I finally got up to leave, I reached for Arthur's hand, but he hugged me instead. At that moment, I realized I had caused this man a small emotional scar that had never really healed. For lack of money, my travels were now over, and I rode my bike the 125 miles back to the city where I lived. Along the way I was thinking of the girl I'd meet up with when I got home. Surely she would bring back that feeling that life was good. Then I stopped and realized: I was doing what I loved best right now. Right here. It was a beautiful sunny day and I felt just fine—maybe even perfect. And this wonderful sense of belonging

Occasionally a contractor would hire me to return to the mountains of my past and work on one house or another, for I'm a journeyman roofer. Some years later Arthur walked onto a job where we both were working. We talked for a while, and it was good to see him again. We became friends.

That was 29 years ago and I'm still sober. What a life.

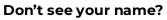


# APRIL 2025 BIRTHDAYS



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NAME	BIRTHDAY	HOME GROUP	YEARS	NAME	BIRTHDAY	HOME GROUP	YEARS
Frankie R.	4/12/2008	A Vision for You	17	Rich S.	4/15/1987	Primary Purpose	38
Aaron J.	4/21/2016	A Vision for You	9	Glenda B.	4/24/1994	Primary Purpose	31
Daphne B.	4/12/2018	A Vision for You	7	Charlotte B.	4/11/1995	Primary Purpose	30
Hayden W.	4/28/2019	A Vision for You	5	Chris R.	4/10/2007	Primary Purpose	18
Kenneth R.	4/21/2001	Abbeville Area	24	Adam H.	4/19/2011	Primary Purpose	14
Joe I.	4/15/2013	Abbeville Area	12	Adam C.	4/1/2017	Primary Purpose	8
Kimberly P.	4/9/2017	Abbeville Area	8	Gina T.	4/1/2017	Primary Purpose	8
Ryan V.	4/8/2018	Abbeville Area	7	Deborah F.	4/19/2018	<b>Primary Purpose</b>	7
John G.	4/1/1982	Back to Basics NI	43	Jane M.	4/20/2018	<b>Primary Purpose</b>	7
Paul P.	4/26/1988	Back to Basics NI	37	Lauri M.	4/11/2009	Reflections	16
Mark C.	4/24/1999	Back to Basics NI	26	Laurel G.	4/5/2005	Sisters in Sobriety	20
Jason S.	4/30/2016	Back to Basics NI	9	Bob R.	4/17/1991	Sun Up	34
Corey L.	4/27/2017	Back to Basics NI	8	Jody H.	4/19/1992	Sun Up	33
Jenny V.	4/26/2017	Back to Basics NI	8	Cayle G.	4/9/2005	Sun Up	20
Ross Y.	4/18/2017	Back to Basics NI	8	Nancy T.	4/10/2006	Sun Up	19
Brandon M.	4/26/2018	Back to Basics NI	7	Mike H.	4/25/2012	Sun Up	13
Carla D.	4/10/2018	Back to Basics NI	7	Mike R.	4/1/2013	Sun Up	12
Pete D.	4/7/2018	Back to Basics NI	7	Kevin S.	4/30/2015	Sun Up	10
Ben D.	4/25/2021	Circle & Triangle	4	Matt R.	4/20/2015	Sun Up	10
Keith G.	4/28/1988	Dry Dock	37	Cindy W.	4/13/2016	Sun Up	9
Garret	4/27/1990	Dry Dock	35	Eric A.	4/18/2016	Sun Up	9
Allen G.	4/15/2018	Dry Dock	7	Clint L.	4/23/2017	Sun Up	8
Jennifer F.	4/1/2013	Faith Group	12	David F.	4/28/2017	Sun Up	8
Charlie R.	4/23/2016	Faith Group	9	Lauren S.	4/9/2017	Sun Up	8
Doug B.	4/15/2018	Faith Group	7	Sarah M.	4/9/2017	Sun Up	8
Hugh P.	4/23/2000	Keys to the Kingdom	25	Mary D.	4/4/2018	Sun Up	7
Beth L.	4/14/2017	Kitchen Table Group	8	Phillip M.	4/9/2018	Sun Up	7
Joseph C.	4/21/1987	New Way Group	38	Chad L.	4/10/2019	Sun Up	6
				Jeanne			
Deborah M.	4/12/1997	New Way Group	28	Marie M.	4/15/2019	Sun Up	6
Al R.	4/24/1999	New Way Group	26	Kenny A.	4/5/2021	Sun Up	4
Eric A.	4/18/2016	New Way Group	9	Rebecca F.	4/23/2015	Surrender	10

### **941 YEARS!**







# May 2025 BIRTHDAYS



"							
NAME	BIRTHDAY	HOME GROUP	YEARS	NAME	BIRTHDAY	HOME GROUP	YEARS
Dave B.	5/2/2003	A Vision for You	22	Robert S.	5/12/2017	Primary Purpose	8
Joe H.	5/10/2019	A Vision for You	6	Adam H.	5/28/2018	Primary Purpose	7
Tory H.	5/5/2019	A Vision for You	6	Greg V.	5/11/2018	Primary Purpose	7
Diana L.	5/4/2020	A Vision for You	5	Jose L. B.	5/27/2018	Primary Purpose	7
Travis W.	5/31/2010	Abbeville Area	15	Kingsley H.	5/28/2018	Primary Purpose	7
Joe I.	5/15/2013	Abbeville Area	12	Leslie M.	5/27/2018	Primary Purpose	7
Mark A.	5/2/2015	Abbeville Area	10	Sean D.	5/7/2018	Primary Purpose	7
Bridgette T.	5/21/2018	Abbeville Area	7	Kayla C.	5/20/2020	Reflections	5
John F.	5/15/2011	Back to Basics NI	14	Jan S.	5/8/2006	Sisters in Sobriety	19
Tommy W.	5/25/2016	Back to Basics NI	9	Donna B.	5/9/1986	Step by Step	39
Kurt I.	5/15/2017	Back to Basics NI	8	Archie H.	5/27/1974	Sun Up	51
Bobby B.	5/17/1974	Boulevard Group	51	Tommy G.	5/1/1982	Sun Up	43
AC B.	5/7/1983	Faith Group	41	2Kathleen R.	5/13/1983	Sun Up	42
Ann F.	5/15/1985	Kitchen Table Group	40	Donna D.	5/3/1992	Sun Up	33
Don H.	5/7/2016	New Way Group	9	Norman F.	5/9/2000	Sun Up	25
Mark T.	5/3/2018	New Way Group	7	Tony K	5/3/2009	Sun Up	16
Dale T.	5/21/1981	Primary Purpose	44	Paul D.	5/3/2014	Sun Up	11
Lisa O.	5/16/1988	Primary Purpose	37	Jed C.	5/23/2015	Sun Up	10
Elizabeth Y.	5/2/1999	Primary Purpose	26	Kristin P.	5/30/2017	Sun Up	8
Bubba (Wayne) B.	5/21/2008	Primary Purpose	17	Brandy R.	5/2/2018	Sun Up	7
Geraldine M. B.	5/16/2008	Primary Purpose	17	JJ F.	5/8/2018	Sun Up	7
Steve M.	5/16/2009	Primary Purpose	16	Stephen M.	5/10/2018	Sun Up	7
Kay D.	5/4/2012	Primary Purpose	13	Tammy G.	5/12/2018	Sun Up	7
Todd S.	5/12/2012	Primary Purpose	13	Charles F.	5/1/2019	Sun Up	6
Bobby K.	5/21/2013	Primary Purpose	12	Peter F.	5/11/2019	Sun Up	6
Richard G.	5/28/2016	Primary Purpose	9	Phyllis L.	5/6/2019	Sun Up	6
Liz C.	5/30/2017	Primary Purpose	8				



### **873 YEARS**



### Acadiana Area Service/Committee Meetings



### Fellowship of the Spirit South Committee Meeting

1st Sunday — 4:00 pm 210 8th St. (Turning Point)

### **Central Office Steering Committee Meeting**

2nd Sunday — 4:00 pm 115 Leonie St. (Central Office)

### **District 13E Meeting (GSRs)**

2nd Wednesday — 6:00 pm 300 E Martial Ave (Covenant United Methodist Church) Zoom ID: 828 6914 4187 Password: District13

### **Cajun Country Conference Committee Meeting**

3rd Sunday — 3:00 pm 210 8th St. (Turning Point)

### Central Office Representatives (COR) Meeting

3rd Sunday — 4:00 pm 210 8th St. (Turning Point)

### **LASCYPAA Committee Meeting**

4th Sunday — 9:00 am 924 Kaliste Saloom Rd. (The DOC)

### **Louisiana State Convention Committee Meeting**

4th Sunday — 3:00 pm Baton Rouge Central Office 10319 Old Hammond Hwy, Baton Rouge, LA

### Louisiana (Area 27) Assembly

Nov 9-10, 2024 Holiday Inn Baton Rouge 9990 Airline Hwy, Baton Rouge, LA

**Update COR contact info at:** 

Update GSR contact info at:

aa-acadiana.org/cor

district13e.org/gsr