



PLUG-IN-JUG NEWS



**Published
Monthly by:**

Acadiana Area
Central Office, Inc.

Located at:

115 Leonie St.,
Lafayette, LA 70506

Phone:

337-991-0830
(24 Hours)

Mail all

**Contributions
to:**

P.O. Box 61144
Lafayette, LA
70596

Office Hours:

Mon - Fri
11:00 - 4:00

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Acadiana Area
Central Office, Inc.

Step 5: "Admitted to God, to ourselves, and to another human being the exact nature of our wrongs."

Tradition 5: "Each group has but one primary purpose — to carry its message to the alcoholic who still suffers"



**May
2025**

COR Meeting

May 18th, 2025

Turning Point, 210 8th Street

VOLUNTEERS NEEDED!

Acadiana Area Central Office is looking for volunteers to answer the "AA Hotline" phone after hours and on weekends.

Call 337-991-0830 to sign up.

Meeting Guide App:



Scan to install!

Literature and more available at Acadiana Area Central Office:

- | | | |
|----------------------------|---------------------------------|-------------------------|
| • Big Books (all formats!) | • <u>¡También disponible!</u> | • AA Service Manual |
| • 12 Steps & 12 Traditions | • Alcohólicos Anónimos | • AA Pamphlets |
| • As Bill Sees It | • "Libro Grande" | • Newcomer Packets |
| • Dr. Bob and the | • Doce Pasos y Doce Tradiciones | • Sobriety Chips |
| Good Old-Timers | • Reflexiones Diarias | • Meeting Lists |
| • AA Comes of Age | • Como Lo Ve Bill | • Event Flyers |
| • Language of the Heart | • AA Manual de Servicio | • Drop The Rock |
| • Daily Reflections | • Living Sober | • DTR Ripple Effect |
| • Pass It On | • AA Service Manual | • 24 Hours A Day |
| • Living Sober | • Big Book Dictionary | • A New Pair Of Glasses |
| • Came To Believe | • 12&12 Dictionary | |

Want to contribute an item to the Plug-In-Jug? Email us at centraloffice@aa-acadiana.org or send it to Acadiana Area Central Office by the 15th of the month to mail out with the following months publication.

MISSION STATEMENT

It is the goal of your Central Office Steering Committee to monitor and improve upon the quality of services provided by the office and its workers. The Steering Committee meets regularly to review Policies and Operations in order to improve its services to our A.A. Community.

aa-acadiana.org

Email the Central Office at: centraloffice@aa-acadiana.org

Acadiana Area Central Office Inc.
April 1-30, 2025

	Transaction type	Name	Line description	Full name	Amount
Donations (Not Taxable)					
Anonymous Donations					
	Deposit	Pay Pal	PAYPAL TRANSFER XXXXXX Donations		19.11
	Deposit	Pay Pal	PAYPAL TRANSFER XXXXXX Donations		40.67
	Deposit			Donations	24.48
Total for Anonymous Donations					84.26
Group Donations					
	Sales Receipt	Surrender Group		Donations	93.6
	Sales Receipt	The Boulevard Group Opelousas		Donations	153.02
	Sales Receipt	Experience Strength & Hope		Donations	187
	Sales Receipt	Faith Group		Donations	146.7
	Sales Receipt	Faith Group		Donations	106.2
	Sales Receipt	Step by Step		Donations	271.42
	Sales Receipt	Sisters In Sobriety Group		Donations	100
	Sales Receipt	Back to Basics New Iberia Group		Donations	25
Total for Group Donations					1082.94
Total for Donations (Not Taxable) with sub-accounts					1167.2
TOTAL					1167.2

Drinking problem?

Call **337-991-0830** 24/7

DONATE

Español **337-298-9762**



Acadiana Central Office

Alcoholics Anonymous in the Acadiana Area

You can now donate to the Central Office via PayPal.
Any donations *from AA members* will be appreciated.
If donating for a group, please include group name in memo.

Events

Gulf Coast Group's 15th Anniversary Celebration

Saturday | May 17th | 2025

Vineyard Church | 705 Bonin Road | Lafayette, LA

Workshop | 10am – 1pm

Leaving AA Better than We Found It

Being in AA, Not Just Going to AA

Donuts and coffee will be served

Food and Fellowship | 4:30pm – 6pm

Main dish (last names from A – M)

Dessert (last names from N – Z)

Speaker Meeting | 6:00 – 7:30 pm

Jimmy D of the Chicago Group of Dallas

For more information or to be of service, [please contact](#):
Anthony D @ 917-337-1333 or Deborah Y @ 337-205-1975

FOUNDER'S DAY CHILI COOK-OFF

HOT PRIZES
FOR THE
BEST CHILI!!!



SPEAKER
SAM B. (NOLA)

SATURDAY JUNE 14TH, 2025

6PM

To register your homegroup
for the cook-off:

- Call Central Office:
(337)-991-0830
- Visit www.aa-acadiana.org

EVENING SCHEDULE:

DOORS OPEN: 6PM

JUDGING: 6:30PM

FELLOWSHIP & FOOD: 7PM

SPEAKER: 8PM

***LAST NAME A-L BRING A SIDE DISH AND M-Z BRING A DESSERT ***

ST. BARNABAS EPISCOPAL CHURCH
400 CAMELLIA BLVD. LAFAYETTE, LA 70503

THE 65TH ANNUAL

• LOUISIANA STATE CONVENTION •

SAVE
the
DATE

AUGUST 8TH - 10TH, 2025

BATON ROUGE MARRIOTT

5500 HILTON AVE
BATON ROUGE, LA 70808

DESIRED SHORE OF FAITH

**Future Events- Flyers can be
accessed on the Central Office
Website:**

<https://aa-acadiana.org/events>



20 & Free

By: Kate A. | Macungie, Pennsylvania

Her dream of 21 shots at the bar never happened. Instead, her life got so much bigger

I went to my first AA meeting when I was 20 years old, and it was there I got my 24-hour chip. I was waiting for a bed to open up at in-patient rehab.

I'll always remember that first meeting. It was held in an artsy coffee shop in a small Pennsylvania town. More importantly, I remember how the people were laughing, and how they had kind eyes and kind words for me. I was intrigued by their sincerity. Why are these strangers so concerned about a kid like me? I wondered.

I finished rehab two days before I turned 21. I had always pictured doing 21 shots at the bar on that birthday—with a sash and a tiara. For me, drinking never consisted of sophisticated, intellectual conversations over martinis. It was blackout, bruised, sloppy and “miracle I didn't die” drinking nights for me.

After I got out of rehab, I went right back to that first AA meeting I went to and asked a woman to be my sponsor. Erica was young like me, a 20-something undergrad. She taught me to identify with what I heard, rather than compare. I did 90 meetings in 90 days, started working the Steps, got to meetings early, stayed late and started doing service.

Erica even took me to a Young People in AA (YPAA) event in Rochester, New York. I was in awe of all the young sober people, but at the same time I was also full of anxiety and still fearful of everyone. I was just beginning to learn how to relate to people and not be scared. At the time, I cringed at the word God, but still I let go and let something bigger than me take the wheel. I began going to places with all these young members and we danced and sang karaoke. These were activities I wouldn't even consider without my former best friends “Johnny” and “Jack.”

I'm now approaching my 20th anniversary in AA. I have the honor and privilege to have sponsored other women, young women who came into AA broken like me. I'm grateful to God for the gift of watching their lives transform and seeing them turn around and help other alcoholics.

AA has taught me that we all have something to offer each other. I've fallen at times into the trap of thinking I must find other young sober people like me or I can't relate to these old people, mostly men. Today I can connect with people of all ages in AA. God helps smooth out my sharp edges when I learn to love others who I think have nothing to offer me. My life isn't just about me anymore, it's about helping others on their journeys.

I'm “older” now thanks to getting sober young and learning about self-care. I can sometimes still pass for a youngish person. I'm so grateful that young people in AA keep an open mind and can still connect with this “older” recovering woman I've become. Love and tolerance is our code, they say. The longer I stay sober the more I learn to let go and let God



Young & Homeless in Anchorage

By: Dorothy N. | Anchorage, Alaska

Lost and drunk, she landed in jail with no reason to live. Then one day, she turned on the radio



I was born in 1989, the youngest of four children to parents in their early 20s. My parents had a lot of trauma and few of the skills needed to raise one healthy person, let alone four. We lived in Anchorage, Alaska. I had congenital cataracts at birth and had double cataract removal surgery when I was 4, which was profoundly impactful to my emotional development.

My sister tells me that Mom used to take us to the park all the time. Mom baked, we had dinner every day and clean clothes. Everything seemed pretty normal at first. But things went south when my father's addiction led to an arrest for armed robbery. My mother got addicted too. She left us alone for days at random babysitters' houses. I so wanted to cling to my mom for love and comfort.

My oldest sister started stealing food for my middle sister and me. She was only 10. I made my own lunches and somehow found clean school clothes every day. I was just 7. Mom was never home. School was where I felt a part of something. It was the only place that seemed normal. I was safe and fed there. I felt noticed.

I was a big fan of hanging out at the library as a child. I loved the attention and interaction I received from the kind librarians. I won the summer reading program three years in a row. I was kind of a big deal.

I was considered a good kid until about 12 when I started smoking pot with my sister and her friend. By eighth grade I was expelled for bringing drugs and cigarettes to school. The school officials were shocked at the amount of contraband I had shoved in the pocket of my cargo shorts. Drinking came later. My mother had a prescription pill addiction and wore them in a bag around her neck so no one could steal them from her purse.

There were many times I would find my mom asleep in a corner or passing out while cleaning or cooking. "Go to bed Mom" was commonly shouted by all of us. My mom gave me crack cocaine for the first time.

My home life was chaotic. Everyone was drinking and doing drugs. I lived in a fourplex. My two bedroom apartment was inhabited by eight family members. My brother had bedsheets hung up in the living room to function as a third bedroom where he and his girlfriend slept. My cousin slept on the couch. My sister, her boyfriend and I shared a room. My mother and stepdad had the other room.

At 14, I decided to pack a backpack and exit the situation. I spent the next seven years homeless, drinking and sleeping under stairs, in doorways and under bridges. I can still remember huddling under all the clothing I owned, listening to the rain pour, wishing I knew what to do. I spent a lot of time walking around to keep warm and because I had nowhere to go.

The waitress at Leroy's would sometimes let me sleep in one of the booths. I soon began getting in legal trouble with petty theft and shoplifting. By this time, my drinking was out of control. By my 21st birthday I was spiraling fast. I was going in and out of jail with increasingly severe penalties each time. Each time I woke up in the Anchorage jail, my resolution for change grew stronger, but I had no tools at all.

After several probation violations, I was officially labeled a felon. That was my wake-up call. I knew I couldn't continue my life in the way I had been living. I attempted suicide a dozen or so times, but could never seem to take enough pills or cut deep enough to do the job. So I settled for a bottle of cheap vodka and a straight razor.

During one of these bouts, I was idly waiting for my favorite radio show to start. Before my show there was a local recovery program. I usually just turned that off when it came on. Why on earth would I want to hear that when I was drinking?

But that night, for some reason I kept it on and I listened. I heard a woman telling my story. I was gutted. The totality of my situation hit me. I remember the host saying "If anyone out there with a drinking problem needs help, please call." So I called.

I didn't expect much to happen, but I left a message, thinking no one heard my cry for help. But lo and behold the woman from the radio program actually called me! Repeatedly. She was offering me a way out. I admitted defeat right then and she introduced me to AA and a new way of life. I could be free from this bondage of alcohol.

When I got to my first meeting, I was convinced AA was a cult. But I sure didn't have any other ideas. I asked this woman for help. That was 10 years ago.

Since getting sober at 23, I've earned a degree in paralegal studies and another in psychology. I had an amazing attorney give me a chance as an intern after graduating. I thought getting a job in the legal field with my record would be impossible. But this woman attorney let me get my foot in the door. I'll never forget that after my interview she said, "Just don't steal from me, and I'll give you a shot." I worked for this woman for six years and learned so much.

I'm the first member of my entire family to graduate college. I'm living alone in an apartment the size of my childhood home where eight of us lived. Right now I'm sitting on my kitchen floor, sober and realizing how far I've come. I'm so grateful I didn't get what I wanted in my 20s because I'd surely be dead.



May 2025 BIRTHDAYS



NAME	BIRTHDAY	HOME GROUP	YEARS	NAME	BIRTHDAY	HOME GROUP	YEARS
Dave B.	5/2/2003	A Vision for You	22	Robert S.	5/12/2017	Primary Purpose	8
Joe H.	5/10/2019	A Vision for You	6	Adam H.	5/28/2018	Primary Purpose	7
Tory H.	5/5/2019	A Vision for You	6	Greg V.	5/11/2018	Primary Purpose	7
Diana L.	5/4/2020	A Vision for You	5	Jose L. B.	5/27/2018	Primary Purpose	7
Travis W.	5/31/2010	Abbeville Area	15	Kingsley H.	5/28/2018	Primary Purpose	7
Joe I.	5/15/2013	Abbeville Area	12	Leslie M.	5/27/2018	Primary Purpose	7
Mark A.	5/2/2015	Abbeville Area	10	Sean D.	5/7/2018	Primary Purpose	7
Bridgette T.	5/21/2018	Abbeville Area	7	Kayla C.	5/20/2020	Reflections	5
John F.	5/15/2011	Back to Basics NI	14	Jan S.	5/8/2006	Sisters in Sobriety	19
Tommy W.	5/25/2016	Back to Basics NI	9	Donna B.	5/9/1986	Step by Step	39
Kurt I.	5/15/2017	Back to Basics NI	8	Archie H.	5/27/1974	Sun Up	51
Bobby B.	5/17/1974	Boulevard Group	51	Tommy G.	5/1/1982	Sun Up	43
AC B.	5/7/1983	Faith Group	41	Kathleen R.	5/13/1983	Sun Up	42
Ann F.	5/15/1985	Kitchen Table Group	40	Donna D.	5/3/1992	Sun Up	33
Don H.	5/7/2016	New Way Group	9	Norman F.	5/9/2000	Sun Up	25
Mark T.	5/3/2018	New Way Group	7	Tony K.	5/3/2009	Sun Up	16
Dale T.	5/21/1981	Primary Purpose	44	Paul D.	5/3/2014	Sun Up	11
Lisa O.	5/16/1988	Primary Purpose	37	Jed C.	5/23/2015	Sun Up	10
Elizabeth Y.	5/2/1999	Primary Purpose	26	Kristin P.	5/30/2017	Sun Up	8
Bubba (Wayne) B	5/21/2008	Primary Purpose	17	Brandy R.	5/2/2018	Sun Up	7
Geraldine M.	5/16/2008	Primary Purpose	17	JJ F.	5/8/2018	Sun Up	7
Steve M.	5/16/2009	Primary Purpose	16	Stephen M.	5/10/2018	Sun Up	7
Kay D.	5/4/2012	Primary Purpose	13	Tammy G.	5/12/2018	Sun Up	7
Todd S.	5/12/2012	Primary Purpose	13	Charles F.	5/1/2019	Sun Up	6
Bobby K.	5/21/2013	Primary Purpose	12	Peter F.	5/11/2019	Sun Up	6
Richard G.	5/28/2016	Primary Purpose	9	Phyllis L.	5/6/2019	Sun Up	6
Liz C.	5/30/2017	Primary Purpose	8				



873 YEARS

Don't see your name?

Go to aa-acadiana.org and complete the "Sobriety Date Submittal" form!



June 2025 BIRTHDAYS



NAME	BIRTHDAY	HOME GROUP	YEARS	NAME	BIRTHDAY	HOME GROUP	YEARS
Nicole J.	6/29/2019	A Vision for You	6	Dan B.	6/9/2017	Primary Purpose	8
Troy G.	6/23/2022	Abbeville Area	3	Mark W.	6/26/2017	Primary Purpose	8
Will G.	6/14/1981	Back to Basics NI	44	Nick J.	6/28/2017	Primary Purpose	8
BO-BOY	6/22/2001	Back to Basics NI	24	Sharon O.	6/10/2017	Primary Purpose	8
Debbie O.	6/21/2002	Back to Basics NI	23	Nancy O.	6/12/2018	Primary Purpose	7
Nick S.	6/28/2010	Back to Basics NI	15	Todd B.	6/3/2018	Primary Purpose	7
Jared L.	6/15/2016	Back to Basics NI	9	John C.	6/29/2021	Primary Purpose	4
Emilie	6/23/2017	Back to Basics NI	8	Jim B.	6/30/1989	Scott Group	36
Abby K.	6/1/2018	Candlelight Group	7	Debi V.	6/13/2015	Sisters in Sobriety	10
Rex L.	6/21/2018	Candlelight Group	7	Kelly Y.	6/20/2018	Sisters in Sobriety	7
Tanner T.	6/4/2018	Candlelight Group	7	Pat A.	6/1/1983	Sun Up	42
Pam B.	6/25/2000	Circle & Triangle	25	John H.	6/1/1986	Sun Up	39
Jeff B.	6/11/2001	Circle & Triangle	24	Al L.	6/2/1990	Sun Up	35
Ronnie L.	6/13/2008	Dry Dock	17	Clay A.	6/8/1997	Sun Up	28
Joseph R.	6/28/2015	Dry Dock	10	Jon N.	6/15/2006	Sun Up	19
Casey S.	6/29/2016	Dry Dock	9	Kirk W.	6/6/2007	Sun Up	18
Dave B.	6/21/2018	Dry Dock	7	Robin N.	6/1/2007	Sun Up	18
Herman J.	6/17/2015	Freedom's Choice	10	Warren B.	6/13/2011	Sun Up	14
Curtis H.	6/1/1980	Keys to the Kingdom	45	Erica R.	6/28/2012	Sun Up	13
Francis L.	6/3/2008	New Way Group	17	Scotty R.	6/4/2013	Sun Up	12
Iris V.	6/2/1983	Primary Purpose	42	Jacqueline S.	6/2/2014	Sun Up	11
Sue McD.	6/23/1986	Primary Purpose	39	Derek D.	6/1/2016	Sun Up	9
Vinny B.	6/27/1988	Primary Purpose	38	Felix E.	6/13/2016	Sun Up	9
Kay F.	6/25/2000	Primary Purpose	25	Coy D.	6/24/2017	Sun Up	8
Marcelle T.	6/3/2001	Primary Purpose	24	CJ O.	6/14/2018	Sun Up	7
Jacqueline S.	6/2/2014	Primary Purpose	11	Jan S.	6/16/2018	Sun Up	7
Donna L.	6/16/2015	Primary Purpose	10	Kimmy B.	6/2/2018	Sun Up	7
Dale S.	6/6/2016	Primary Purpose	9	Mitch B.	6/2/2018	Sun Up	7
Jeff L.	6/6/2016	Primary Purpose	9	Larry W.	6/15/2019	Sun Up	6
Mark W.	6/6/2016	Primary Purpose	9	Jeanette	6/11/2020	Sun Up	5

949 YEARS!

Don't see your name?

Go to aa-acadiana.org and complete the "Sobriety Date Submittal" form!





Acadiana Area Service/Committee Meetings

Fellowship of the Spirit South Committee Meeting

1st Sunday — 4:00 pm
210 8th St. (Turning Point)

Central Office Steering Committee Meeting

2nd Sunday — 4:00 pm
115 Leonie St. (Central Office)

District 13E Meeting (GSRs)

2nd Wednesday — 6:00 pm
300 E Martial Ave (Covenant United Methodist Church)
Zoom ID: 828 6914 4187 Password: District13

Cajun Country Conference Committee Meeting

3rd Sunday — 3:00 pm
210 8th St. (Turning Point)

Central Office Representatives (COR) Meeting

3rd Sunday — 4:00 pm
210 8th St. (Turning Point)

LASCYPAA Committee Meeting

4th Sunday — 9:00 am
924 Kaliste Saloom Rd. (The DOC)

Louisiana State Convention Committee Meeting

4th Sunday — 3:00 pm
Baton Rouge Central Office
10319 Old Hammond Hwy, Baton Rouge, LA

Louisiana (Area 27) Assembly

Nov 9-10, 2024
Holiday Inn Baton Rouge
9990 Airline Hwy, Baton Rouge, LA

Update COR contact info at:

aa-acadiana.org/cor

Update GSR contact info at:

district13e.org/gsr