



PLUG-IN-JUG NEWS



Step 4: " Made a searching and fearless moral inventory of ourselves. "

Tradition 4: " Each group should be autonomous except in matters affecting other groups or A.A. as a whole. "



April 2026

COR Meeting
April 19th 2026
Turning Point, 210 8th Street

VOLUNTEERS NEEDED!

Acadiana Area Central Office is looking for volunteers to answer the "AA Hotline" phone after hours and on weekends.

Call 337-991-0830 to sign up.

Meeting Guide App:



Scan to install!

Literature and more available at Acadiana Area Central Office:

- | | | |
|-----------------------------------|---------------------------------|-------------------------|
| • Big Books (all formats!) | <u>¡También disponible!</u> | • AA Service Manual |
| • 12 Steps & 12 Traditions | • Alcohólicos Anónimos | • AA Pamphlets |
| • As Bill Sees It | "Libro Grande" | • Newcomer Packets |
| • Dr. Bob and the Good Old-Timers | • Doce Pasos y Doce Tradiciones | • Sobriety Chips |
| • AA Comes of Age | • Reflexiones Diarias | • Meeting Lists |
| • Language of the Heart | • Como Lo Ve Bill | • Event Flyers |
| • Daily Reflections | • AA Manual de Servicio | • Drop The Rock |
| • Pass It On | • Living Sober | • DTR Ripple Effect |
| • Living Sober | • AA Service Manual | • 24 Hours A Day |
| • Came To Believe | • Big Book Dictionary | • A New Pair Of Glasses |
| | • 12&12 Dictionary | |

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Lafayette, LA 70506

Phone:

337-991-0830
(24 Hours)

Mail all

Contributions

to:

P.O. Box 61144
Lafayette, LA
70596

Office Hours:

Mon - Fri
11:00 - 4:00

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Acadiana Area
Central Office, Inc.

Want to contribute an item to the Plug-In-Jug? Email us at centraloffice@aa-acadiana.org or send it to Acadiana Area Central Office by the 15th of the month to mail out with the following months publication.

MISSION STATEMENT

It is the goal of your Central Office Steering Committee to monitor and improve upon the quality of services provided by the office and its workers. The Steering Committee meets regularly to review Policies and Operations in order to improve its services to our A.A. Community.

aa-acadiana.org

Email the Central Office at: centraloffice@aa-acadiana.org

Central Office Donations

Group Donations	03/06/2026	Sales Receipt	180606-2998	Sun Up Group	Donations (Not Taxable):Group Donations	468.67
Group Donations	03/09/2026	Sales Receipt	180606-3001	There Is A Solution Gueydan	Donations (Not Taxable):Group Donations	15.00
Group Donations	03/12/2026	Sales Receipt	180606-3010	A Vision for You Group	Donations (Not Taxable):Group Donations	200.00
Group Donations	03/26/2026	Sales Receipt	180606-3037	Sisters In Sobriety Group	Donations (Not Taxable):Group Donations	50.00
Group Donations	03/27/2026	Sales Receipt	180606-3039	Kitchen Table Group	Donations (Not Taxable):Group Donations	823.83
Group Donations	03/27/2026	Sales Receipt	180606-3041	Sun Up Group	Donations (Not Taxable):Group Donations	175.50
Group Donations	03/30/2026	Sales Receipt	180606-3044	Dry Dock Group	Donations (Not Taxable):Group Donations	100.00
Group Donations	03/30/2026	Sales Receipt	180606-3045	March City Wide	Donations (Not Taxable):Group Donations	360.00
Total for Group Donations						\$2,193.00

Drinking problem?

Call **337-991-0830** 24/7

DONATE

Español **337-298-9762**



Acadiana Central Office

Alcoholics Anonymous in the Acadiana Area

You can now donate to the Central Office via PayPal.
Any donations *from AA members* will be appreciated.
If donating for a group, please include group name in memo.

Events

CAJUN COUNTRY CONFERENCE



POKER RUN
APRIL 11TH 2026

REGISTRATION 8:00AM
CAJUN HARLEY DAVIDSON
741 I-10 S FRONTAGE RD SCOTT, LA
KICK STANDS UP AT 9:00AM

MOTORCYCLES JEEPS BRONCOS

WINNING HAND	\$3 HOT DOGS	\$25 DRIVERS
\$100 PRIZE	CHIPS	\$15 PASSENGERS
	WATER	

FOR MORE INFORMATION CONTACT MARY L 225-317-3674



SPEAKER LINE UP:

- Sarah I.**
Philadelphia, Pa
7:30 pm Friday's AA Speaker
- Hannah B.**
Santa Rosa Beach, FL
2:15 pm Saturday's AA Speaker
- Chad P.**
Ocean Grove, NJ
7:00 pm Saturday's AA Speaker
- Kurt Z.**
Redondo Beach, Ca
9:30 am Sunday's AA Speaker

LOCATION:

Home 2 Suites
by Hilton
1909 Kaliste Saloom Road,
Lafayette, LA 70508
337-706-8610

PRICING:

\$35 per person
(if paid by 3/28/26)

\$40 per person
(if paid after 3/28/26)

Room rate:

1 King bed \$159
2 Queen beds \$169
see link on website

SHIRTS FOR SALE:

\$25 SHORT SLEEVE
\$30 LONG SLEEVE



SCHEDULE:

Friday, April 17

12:00 pm Registration
1:00 pm Workshop [Step 1 & 2]
2:15 pm Workshop [Step 3]
3:30 pm Workshop [Step 4 & 5]
4:45 pm Workshop [2 Concepts]
5:45 pm Dinner & Fellowship [Included]
7:30 pm AA Speaker [Sara I.]
9:00 pm Prayer & Meditations

Saturday, April 18

7:00 am Prayer & Meditations
8:30 am Workshop [Steps 6 & 7]
9:45 am Workshop [Steps 8 & 9]
11:00 am Workshop [Steps 10 & 11]
12:00 pm Lunch & Fellowship [Included]
1:30 pm Workshop [2 Traditions]
2:45 pm AA Speaker [Hannah B.]
4:30 pm Workshop [Step 12]
5:30 pm Dinner & Fellowship [Included]
7:00 pm LIVE Auction
7:30 pm Speaker [Chad P.]
9:00 pm Prayer & Meditations

Sunday, April 19

7:00 am Prayer & Meditations
8:00 am Conclusion of the Conference
9:30 am AA Speaker [Kurt Z.]

REGISTRATION:



YOU CAN REGISTER ONLINE AT
WWW.FOTSSOUTH.COM

*PRICE INCLUDES ENTRY
FOR THE ENTIRE WEEKEND,
FRIDAY DINNER, & BOTH LUNCH
& DINNER SATURDAY.*

27th Annual Serenity by the Sea Retreat

A weekend of fellowship, food, and fun

Thursday April 30th - Saturday May 2nd, 2026

At Grand Isle High School, 149 Ludwig Lane, Grand Isle, LA 70358

Registration \$30.00 at the door starts at 5 PM Thursday & Friday, 8 AM Saturday

\$25.00 if you Pre-Register

VOICE: Susan B. - Denham Springs, LA (AA)

Thursday, April 30th Meeting chaired by TBA
Location: Annex Building (front of High School) Registration starts 5 PM
Food: BBQ
Meeting to follow at 7 PM

SPEAKERS:

Fri May 1 st	8 PM	Jacob B. - Lafayette, LA (AA)
Sat May 2 nd	8 AM	Early Bird Open AA Meeting
Sat May 2 nd	10 AM	Gerri A. - Baton Rouge, LA (Alanon)
Sat May 2 nd	1 PM	Panel Meeting w/ Speakers - "We are not a glum lot!"
Sat May 2 nd	7 PM	David B. - Houma, LA (AA)

FOOD:

Fri May 1 st	6 PM	Spaghetti Dinner
Sat May 2 nd	7:30 AM	Honeybuns & Breakfast Bars
Sat May 2 nd	11:30 AM	Hamburgers & Chips
Sat May 2 nd	5 PM	Jambalaya & White Beans
Sat May 2 nd	6 PM	RAFFLE & FUN STUFF BEGINS

Soft Drinks, Water, and Coffee Provided

LODGING & OTHER INFO: www.townofgrandisle.com or VRBO

QUESTIONS: Call Patricia (225) 413-6900 or Ronnie (225) 505-7842

B*Y*O*C
Bring your own chair!

T-shirts!

Raffle!

Digital Taping & CDs
by Alex. T

PRE-REGISTRATION - Ends April 21st 2026
COMPLETE BELOW AND SEND CHECK OR USE QR CODE TO REGISTER
Return this Bottom Portion along with \$25 per person - Children 12 & Under are FREE
Checks Payable to: Serenity by the Sea, 15232 Liz Rd, Prairieville, LA 70769

Name(s): _____
Address: _____
Phone: _____ Total Amount Enclosed: _____



Future Events- Flyers can
be accessed on the
Central Office Website:
<https://aa-acadiana.org/events>



The Big Picture

BY: JENNIFER R. | SEATTLE, WASHINGTON

When in doubt about the right way to do things, she's learned to ask others, let go and hold onto Rule 62



Tradition Four states, "Each group should be autonomous except in matters affecting other groups or A.A. as a whole."

I have to say that this is one of my favorite Traditions because it carries many lessons with just a few words. And this Tradition is the one that gives us Rule 62, which reminds us: "Don't take yourself too damn seriously." Let's look at the principle of consultation and how this Tradition takes the shame away from being wrong. On a first reading, this Tradition appears to say it's OK for any AA group to decide to run its meeting however it wants. Here is where I use the principle of consultation. Consultation in my life takes the form of me sharing with, and asking questions of, my sponsor, service sponsor, mentors in the program and certain elder statesmen whose opinions I have come to regard. Through this process I learned a time-saving tool that keeps me from complaining to others about the small stuff that we see in Grapevine's Tradition Checklist. My favorite question on the Checklist is, "Do I insist that there are only a few right ways of doing things in AA?"

I'm a transplant from California to Seattle. I moved to Seattle 10 years ago. Most meetings in Seattle celebrate birthdays at the end of the month. This way of doing things really bothered me. In California they celebrate birthdays every week. Moving to Seattle reminded me that my way is not the only way in AA. If I constantly question the group and insist on my own way, this is not beneficial to the group, and I'm not acting in the spirit of unity or acceptance. From the responses I got when I expressed to others how "Seattle does it wrong" I learned that I need to let my opinion go and try to accept the way they do things here in Seattle. And wouldn't you know it? I have managed to stay sober for 10 years despite having to wait until the end of the month to celebrate.

Another manifestation of the principle of consultation can be seen by the behavior of our area delegates past and present. They hold pre-conferences so they can hear our thoughts on certain issues before the Conference. In my experience, the goal of each delegate is to consult with the Fellowship to make the best possible decision for AA as a whole, not just what's best for Western Washington Area 72. The decisions they make with the other delegates, trustees and staff can be very impactful to all of AA.

The thing I love about the Tradition Four essay in our "Twelve and Twelve" is that it tells the story of a grandiose recovery institution of a town called Middleton. The person who witnessed this incident saw the whole thing fail, and in the end was able to laugh at himself for taking himself too damn seriously. The whole time he failed to heed the warnings of others and to take advice from our Central Office in New York (now called GSO). The reason that institution failed was because it had too many objectives, instead of just one. It has been discovered—through the shared experience of our Fellowship—that in order to stay unified with the least amount of organization, we should have the one objective, which is to stay sober and help others achieve sobriety.

My favorite part of the story is that he laughs at himself. Laughing at myself is one of the best things I get to experience in AA. It removes the shame from my making mistakes. It's OK to find humor in the absurdity of my humanity and the "isms" of my alcoholism.



No Pebble Unturned

BY: SHARRON W. | BRANFORD, ONTARIO

Doing a thorough Fourth Step was hard, she says, but there's no feeling on earth quite as good as that



Who among us approached the Fourth Step with happy anticipation? No one, I suspect.

My alcoholic drinking days were approached with an overwhelming desire to crush my feelings of pain and disappointment. After all, from that first drink to the last, when numbness and oblivion were my only goals, my pursuit took me on a five-year journey that could be called one unholy binge.

I quickly became jobless, hopeless and helpless. Nothing and no one came before the drink I had when my eyes first opened in the morning, and I didn't stop pouring alcohol into my body until I passed out at night.

I vaguely remember overnight stops in jail. One memory I have is the look the guard had on his face as he let me go in the morning. His expression was one of contempt mixed with little understanding of how a young woman could let herself become such a despicable drunk. In no time I found a bottle of wine, and my daily routine began once again.

I can remember thinking to myself that a double standard was the source of a lot of my problems. After all, men could drink, holler at the moon and bed women of all types, and that was somehow OK. But God forbid women act the same way. Society sucked, and somehow that had become my problem.

Skip ahead to my first meeting of Alcoholics Anonymous. I'd entered a strange new world of people who, for their own reasons, decided to get sober. I was told that the Twelve Steps were the pathway to sobriety. I found a room full of strangers who put out their hands and welcomed me. It had been a very long time since I had been welcomed anywhere.

Before long I found a home group and a sponsor named Carol and started working the Steps. I found a God of my understanding who I came to believe would go to any lengths to help me get sober.

The first three Steps came fairly easy for me, but the Fourth Step was something very different. It required not just willingness to believe, but also action on my part.

With the Big Book as my guide, I started to write down those people and circumstances I resented and the reasons I detested them so much. I wrote about how I was affected by them and how my life was all but destroyed. The writing of this inventory was one of the most difficult things I'd ever done. By my own hand, I revealed how a once happy, well-adjusted woman decided to destroy herself with alcohol.

As difficult as this task was, Step Four provided a way for me to share this information with someone else, and that act of sharing gave me some freedom from the burdens of my drunkenness.

Each of the Steps has helped to lead me to a sober life. The Fourth Step was for me one of the most important Steps because it opened a dam that needed to be opened, without which I could not attain contented sobriety. My advice to anyone who reads about my experience with the Fourth Step is to not leave even a single "pebble" unturned. Do your very best. For me, the Fourth Step, coupled with the Fifth Step, left me feeling clean and light like winter's first fresh-fallen snow. There's no feeling on earth quite as good as that.



April 2026 BIRTHDAYS



NAME	BIRTHDAY	HOME GROUP	YEARS	NAME	BIRTHDAY	HOME GROUP	YEARS
Aaron J.	4/21/2016	A Vision for You	10	Al R.	4/24/1999	New Way Group	27
Frankie R.	4/12/2008	A Vision for You	18	Deborah M.	4/12/1997	New Way Group	29
LaPatrick G.	4/23/2023	A Vision for You	3	Eric A.	4/18/2016	New Way Group	10
Kenneth R.	4/21/2001	Abbeville Area	25	Joseph C.	4/21/1987	New Way Group	39
Kimberly P.	4/9/2017	Abbeville Area	9	Lexi K.	4/17/2017	New Way Group	9
Ryan V.	4/8/2018	Abbeville Area	8	Adam C.	4/1/2017	Primary Purpose	9
Brandon M.	4/26/2018	Back to Basics NI	8	Adam H.	4/19/2011	Primary Purpose	15
Carla D.	4/10/2018	Back to Basics NI	8	Charlotte B.	4/11/1995	Primary Purpose	31
Corey L.	4/27/2017	Back to Basics NI	9	Chris R.	4/10/2007	Primary Purpose	19
Jason S.	4/30/2016	Back to Basics NI	10	Deborah F.	4/19/2018	Primary Purpose	8
Jenny V.	4/26/2017	Back to Basics NI	9	Gina T.	4/1/2017	Primary Purpose	9
John G.	4/1/1982	Back to Basics NI	44	Glenda B.	4/24/1994	Primary Purpose	32
Mark C.	4/24/1999	Back to Basics NI	27	Jane M.	4/20/2018	Primary Purpose	8
Paul P.	4/26/1988	Back to Basics NI	38	Rich S.	4/15/1987	Primary Purpose	39
Pete D.	4/7/2018	Back to Basics NI	8	Jamie C.	4/16/2015	Reflections	11
Ross Y.	4/18/2017	Back to Basics NI	9	Keish D.	4/30/2025	Reflections	1
Ben D.	4/25/2021	Circle & Triangle	5	Bob R.	4/17/1991	Sun Up	35
Allen G.	4/15/2018	Dry Dock	8	Jody H.	4/19/1992	Sun Up	34
Garret	4/27/1990	Dry Dock	36	Julie J.	4/24/2025	Sun Up	1
Keith G.	4/28/1988	Dry Dock	38	Karen B.	4/6/2021	Sun Up	5
Charlie R.	4/23/2016	Faith Group	10	Maria G.	4/10/2025	Sun Up	1
Doug B.	4/15/2018	Faith Group	8	Nancy T.	4/10/2006	Sun Up	20
Jennifer F.	4/1/2013	Faith Group	13	Phillip M.	4/9/2018	Sun Up	8
Jude G.	4/1/2023	Hub City	3	Debbie L.	4/9/2023	Sun Up	3
Ryan G.	4/24/2018	Hub City	8	Rory C.	4/6/2020	Sunday Morning Fellowship	6
Tracey S.	4/18/2008	Hub City	18	Rebecca F.	4/23/2015	Surrender	11
Hugh P.	4/23/2000	Keys to the Kingdom	26				
Chad N.	4/5/2023	Kitchen Table Group	3				
Eric G.	4/9/2019	Kitchen Table Group	7				
Kaylor B.	4/10/2024	Kitchen Table Group	2				
Melanie V.	4/4/2016	Kitchen Table Group	10				
Rachel F.	4/9/2017	Kitchen Table Group	9			KEEP COMING BACK!!!	

867 YEARS



Don't see your name?

Go to aa-acadiana.org and complete the "Sobriety Date Submittal" form!



May 2026 BIRTHDAYS



NAME	BIRTHDAY	HOME GROUP	YEARS	NAME	BIRTHDAY	HOME GROUP	YEARS
John F.	5/15/2011	Back to Basics NI	15	Steve M.	5/16/2009	Primary Purpose	17
Kurt I.	5/15/2017	Back to Basics NI	9	Todd S.	5/12/2012	Primary Purpose	14
Tommy W.	5/25/2016	Back to Basics NI	10	Amanda H.	5/12/2024	Reflections	2
Bobby B.	5/17/1974	Boulevard Group	52	Caine G.	5/16/2023	Reflections	3
Linda B.	5/27/2023	Design for Living/Opel.	3	Victoria L.	5/19/2019	Sisters in Sobriety	7
Tory H.	5/5/2019	Dry Dock	7	Donna B.	5/9/1986	Step by Step	40
AC B.	5/7/1983	Faith Group	43	Alex	5/17/2023	Sun Up	3
Jayson B.	5/28/1982	Freedom's Choice	44	Archie H.	5/27/1974	Sun Up	52
Jason N.	5/17/2016	Hub City	10	Bobby B.	5/17/1974	Sun Up	52
Matt C.	5/11/2022	Hub City	3	Jed C.	5/23/2015	Sun Up	10
Charlie P.	5/29/2011	Keys to the Kingdom	14	Kathleen R.	5/13/1983	Sun Up	43
Ann F.	5/15/1985	Kitchen Table Group	41	Mikey L.	5/14/2025	Sun Up	1
Barry R.	5/24/2023	Kitchen Table Group	3	Ray B.	5/2/2021	Sun Up	5
John C.	5/29/2019	Kitchen Table Group	7	Richard G.	5/28/2016	Sun Up	10
Don H.	5/7/2016	New Way Group	10	Ricky D.	5/17/2023	Sun Up	3
Mark T.	5/3/2018	New Way Group	8	Tommy G.	5/1/1982	Sun Up	44
Bobby K.	5/21/2013	Primary Purpose	13	Jody H.	4/19/1992	Sun Up	35
Bubba (Wayne) B.	5/21/2008	Primary Purpose	18	Julie J.	4/24/2025	Sun Up	2
Dale T.	5/21/1981	Primary Purpose	45	Karen B.	4/6/2021	Sun Up	6
Elizabeth Y.	5/2/1999	Primary Purpose	27	Maria G.	4/10/2025	Sun Up	2
Geraldine M. B.	5/16/2008	Primary Purpose	18	Nancy T.	4/10/2006	Sun Up	21
Greg V.	5/11/2018	Primary Purpose	8	Phillip M.	4/9/2018	Sun Up	9
Jose L. B.	5/27/2018	Primary Purpose	8	Debbie L.	4/9/2023	Sun Up	4
Kay D.	5/4/2012	Primary Purpose	14	Rory C.	4/6/2020	Sunday Morning Fellowship	7
Kingsley H.	5/28/2018	Primary Purpose	8	Rebecca F.	4/23/2015	Surrender	12
Leslie M.	5/27/2018	Primary Purpose	8				
Lisa O.	5/16/1988	Primary Purpose	38				
Liz C.	5/30/2017	Primary Purpose	9				
Richard G.	5/28/2016	Primary Purpose	10				
Robert S.	5/12/2017	Primary Purpose	9				
Sean D.	5/7/2018	Primary Purpose	8			KEEP COMING BACK!!!	

924 YEARS

Don't see your name?

Go to aa-acadiana.org and complete the "Sobriety Date Submittal" form!





Acadiana Area Service/Committee Meetings

Fellowship of the Spirit South Committee Meeting

1st Sunday — 4:00 pm
210 8th St. (Turning Point)

Central Office Steering Committee Meeting

2nd Sunday — 4:00 pm
115 Leonie St. (Central Office)

District 13E Meeting (GSRs)

2nd Wednesday — 6:00 pm
300 E Martial Ave (Covenant United Methodist Church)
Zoom ID: 828 6914 4187 Password: District13

Cajun Country Conference Committee Meeting

3rd Sunday — 3:00 pm
210 8th St. (Turning Point)

Central Office Representatives (COR) Meeting

3rd Sunday — 4:00 pm
210 8th St. (Turning Point)

LASCYPAA Committee Meeting

4th Sunday — 9:00 am
924 Kaliste Saloom Rd. (The DOC)

Louisiana State Convention Committee Meeting

4th Sunday — 3:00 pm
Baton Rouge Central Office
10319 Old Hammond Hwy, Baton Rouge, LA

Louisiana (Area 27) Assembly

Nov 9-10, 2024
Holiday Inn Baton Rouge
9990 Airline Hwy, Baton Rouge, LA

Update COR contact info at:

aa-acadiana.org/cor

Update GSR contact info at:

district13e.org/gsr