



PLUG-IN-JUG NEWS



Published Monthly by:

Acadiana Area
Central Office, Inc.

Located at:

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Lafayette, LA 70506

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337-991-0830
(24 Hours)

Mail all

Contributions
to:

P.O. Box 61144
Lafayette, LA
70596

Office Hours:

Mon - Fri
11:00 - 4:00

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Acadiana Area
Central Office, Inc.

Step 7: "Humbly asked Him to remove our shortcomings."

Tradition 7: "Every A.A. group ought to be fully self-supporting, declining outside contributions."



July 2026

COR Meeting
July 19th 2026
Turning Point,
210 8th Street

VOLUNTEERS NEEDED!

Acadiana Area Central Office is looking for volunteers to answer the "AA Hotline" phone after hours and on weekends.

Call 337-991-0830 to sign up.

Meeting Guide App:



Scan to install!

Literature and more available at Acadiana Area Central Office:

- | | | |
|-----------------------------------|---------------------------------|-------------------------|
| • Big Books (all formats!) | <u>¡También disponible!</u> | • AA Service Manual |
| • 12 Steps & 12 Traditions | • Alcohólicos Anónimos | • AA Pamphlets |
| • As Bill Sees It | • "Libro Grande" | • Newcomer Packets |
| • Dr. Bob and the Good Old-Timers | • Doce Pasos y Doce Tradiciones | • Sobriety Chips |
| • AA Comes of Age | • Reflexiones Diarias | • Meeting Lists |
| • Language of the Heart | • Como Lo Ve Bill | • Event Flyers |
| • Daily Reflections | • AA Manual de Servicio | • Drop The Rock |
| • Pass It On | • Living Sober | • DTR Ripple Effect |
| • Living Sober | • AA Service Manual | • 24 Hours A Day |
| • Came To Believe | • Big Book Dictionary | • A New Pair Of Glasses |
| | • 12&12 Dictionary | |

Want to contribute an item to the Plug-In-Jug? Email us at <https://aa-acadiana.org/contact/> or send it to Acadiana Area Central Office by the 15th of the month to mail out with the following months publication.

MISSION STATEMENT

It is the goal of your Central Office Steering Committee to monitor and improve upon the quality of services provided by the office and its workers. The Steering Committee meets regularly to review Policies and Operations in order to improve its services to our A.A. Community.

Central Office Donations

Donations (Not Taxable)

Group Donations	06/08/2026	Sales Receipt	180606-3182	Glum Nots	Donations (Not Taxable):Group Donations	0.00
Group Donations	06/08/2026	Sales Receipt	180606-3183	Glum Nots	Donations (Not Taxable):Group Donations	39.03
Group Donations	06/11/2026	Sales Receipt	180606-3193	There Is A Solution Gueydan	Donations (Not Taxable):Group Donations	15.00
Group Donations	06/21/2026	Sales Receipt	180606-3211	A Vision for You Group	Donations (Not Taxable):Group Donations	250.00
Group Donations	06/25/2026	Sales Receipt	180606-3218	Sisters In Sobriety Group	Donations (Not Taxable):Group Donations	100.00
Group Donations	06/25/2026	Sales Receipt	180606-3219	Dry Dock Group	Donations (Not Taxable):Group Donations	100.00
Group Donations	06/25/2026	Sales Receipt	180606-3220	Sun Up Group	Donations (Not Taxable):Group Donations	174.62
Group Donations	06/25/2026	Sales Receipt	180606-3221	Back to Basics New Iberia Group	Donations (Not Taxable):Group Donations	25.00
Total for Group Donations						\$703.65

Thank you again for being part of the City Wide event. We appreciate your support and look forward to future events.

ABBEVILLE AREA
 A DESIGN FOR LIVING
 A VISION FOR YOU
 ACADIAN GROUP
 ANY LENGTHS
 CANDLELIGHT
 DAA
 DRY DOCK
 EXPERIENCE STRENGTH & HOPE
 FREEDOM'S CHOICE
 GULM NOTS
 GULF COAST GROUP
 HIGH NOON
 HUB CITY

JAYWALKERS 2
 KEYS TO THE KINGDOM
 KITCHEN TABLE
 LADIES NITE
 OBVIOUSLY GROUP
 PRIMARY PUPOSE
 REFLECTIONS
 SIMPLY AA
 SISTERS IN SOBRIETY
 STEP BY STEP
 SUNDAY MORNING FELLOWSHIP
 SUNUP
 THERE IS A SOLUTION
 WHY NOT GROUP
 YOUNG AT HEART

Drinking problem?

Call **337-991-0830** 24/7

Español **337-298-9762**

DONATE



Acadiana Central Office

Alcoholics Anonymous in the Acadiana Area

You can now donate to the Central Office via PayPal.
 Any donations *from AA members* will be appreciated.
 If donating for a group, please include group name in memo.

Events

HAPPY 4th of JULY!

Celebrate FREEDOM from Addictions

— ★ ★ ★ Come join us for ★ ★ ★ —

FELLOWSHIP, FIREWORKS, FOOD and FUN!

at
TURNING POINT
210 EIGHTH ST
LAFAYETTE, LA 70501

★ DINNER SERVED AT **5:30PM**
★ FREEDOM'S CHOICE GROUP MEETING AT **7:00PM**
★ FIREWORKS AT **9:00PM**

CHICKEN, PORK STEAKS AND SIDES WILL BE SERVED

ANYONE IS WELCOME TO BRING SNACKS OR DESSERTS BUT IT'S NOT REQUIRED

Acadiana City Wide
September 12, 2026
5:30 – 8:00 pm

Reminder:
Don't forget to bring
Savory Snacks &
Desserts

Guest AA Speaker
Claudia H. – Mansfield, Texas


Location: Parish Church
1400 W. University Ave.
Lafayette, Louisiana

5:30 PM
Food, Fun & Fellowship
6:30 PM
Event Start Time
6:45 – 7:45 PM
AA Speaker


Acadiana Central Office
115 Leonie Street
Lafayette, Louisiana 70503
(337) 981-0630
www.aa-acadiana.org

This is an Open AA Speaker Event. All are welcome. This event is designed to bring all AA members & all AA groups together for fellowship and fun. Coffee, water & serving necessities will be provided by Acadiana Central Office.

We ask that Savory Snacks are brought by those with a last name starting with A-M And that Desserts be brought by those with a last name starting with N-Z

This is a free admission Quarterly Central Office Event.

We are asking for contributions and donations to help cover expenses.

Questions?
Chair – Heidie M. – (512)415-9648
Co-Chair – Mark D. – (337)322-2471

SAVE THE DATE

REFLECTIONS GROUP ANNIVERSARY

AUGUST 8TH
4-7 PM
ST. BARNABAS

WORKSHOP PANEL, FOOD AND FELLOWSHIP, SPEAKER

Future Events- Flyers can be accessed on the Central Office Website:
<https://aa-acadiana.org/events>



What It's Worth

BY: HEATHER K. | HOLBROOK, NEW YORK

How do we decide the amount of money we put in the basket each meeting? One member shares what she does



When I came to AA I was utterly without resource. I had demoralized myself to the point where I hid, ashamed from God in all forms. I was also penniless. Nonetheless, I have always believed in the spiritual truth that what you put into something is proportional to what you can get out of it. So, since I was utterly desperate for meaningful sobriety, I put \$1 in the basket when it came around. Let's say at that time I gave \$28 per month.

Then AA made me employable. I went to work full-time and started putting \$2 in the basket, like a big shot. Now I contributed about \$56 per month. I was now a little less desperate.

Then as sober time accumulated, I went to school, earned a professional license, and my salary increased dramatically. But I continued on auto pilot to put the same \$2 in the basket—about \$56 per month. I was not very desperate. This went on for years.

In November of 2023, I read the letter written to the Fellowship by the general manager of GSO. I learned therein that AA was struggling financially to provide necessary services. It asked if we would reconsider our contributions in light of what AA represents in our lives.

I remember being told that Terry B., a longtime friend of the Fellowship, once said that the good news is that AA has plenty of money to bring all the vital services to all the alcoholics who need them stretching into the far future. The bad news is that it's in your pockets. It's in *my* pocket.

When I got sober in 2015, a two-liter bottle of soda cost 99 cents at our discount store. That's what I was contributing then—a two-liter bottle of soda, when I had almost nothing. In 2023, the same two-liter bottle cost just under \$3, and I was still putting \$2 in the basket. So in the time that AA had increased my salary 10-fold, I showed my gratitude by reducing my contribution to 2/3 of a bottle of soda. This was indefensible.

Where had my faith gone? How was my surrender of my will and life to God as I understood him reflected in what I was putting in the basket? I decided it wasn't.

Another angle: I, like most of us, carry insurance. That means I pay someone somewhere an amount of money which theoretically protects me from the ravages of various misfortunes. For health insurance, auto insurance, homeowners, flood, professional malpractice insurance, life, dental and vision, I pay (or is paid on my behalf) \$2,500 per *month*. In light of what I pay for all that insurance, I have no business feeling that \$56 is adequate for the program that insures it all.

AA has given me a house. AA gave me a profession where clients pay me money for my advice. It gave me a relationship with children who are often fond of me. It gave me working, registered automobiles—*plural*. It gave me a life—a wonderful life. There is nothing I have that I cannot credit AA for.

Ever since this personal awakening, what I now do is: I give my home group a lump sum of cash per month that more closely represents its impact in my life and the lives of my children. I have set a recurring contribution to deduct automatically every month at aa.org. I also throw a few dollars in the basket at meetings that are not my home group. By the way, these contributions may be tax deductible. I give much less than the \$7,500 annual individual limit, but I do now feel my Step Three is reflected in the basket as it passes by.

To thine own self be true. How we each decide to meet our responsibility for self-support is a purely personal matter. Our Tradition Seven is not intended as a club for me to beat everyone up with. It's for me to decide for myself what's appropriate, and I leave you to do the same. Money is not required for AA membership.

Personally, I have never once been able to give AA more than I have gotten in return. Whatever income I ever have over the amount I had when I stumbled into my first meeting is entirely because of AA. Self-support is my sacred responsibility, and truly, what a privilege it is to be able to feel I have contributed in a small way to the program that gave me this wonderful life.



At Peace

BY: CHRIS M. | HOCKESSIN, DELAWARE

How an hour spent down by the wading pool to do Step work became a powerful spiritual experience



Today I went to a creek in the neighborhood I grew up in to complete my Sixth and Seventh Steps. There's a small waterfall that empties into a wading pool. I sat on the rocks and prayed for everyone who was on my resentment lists, even the ones I really didn't want to pray for.

I prayed for my resentments, fear and defects of character to be removed and for peace of mind. I prayed for strength, understanding, health, happiness and kindness. I prayed for serenity, wisdom, courage, protection, the ability to help others and to do the will of my Higher Power. I prayed for all the people I have met in treatment centers and AA over the past nine months. I prayed for every single person I could think of.

The entire time a cardinal sat in a tree right above me, which is a bird that has always been a symbol to me that my loved ones who have passed are here with me. There was also a heron that flew by several times before it settled in the water where I could see it.

I later looked up an article on the symbolism of a heron, and it said that a heron symbolizes purity, transformation and the wisdom of the Buddha. It also symbolizes the expansion of awareness and the ubiquity of consciousness. In some Native American cultures, it symbolizes renewal, rejuvenation and rebirth.

Once my hour by the creek was complete, I felt the need to get into the wading pool. Although it was freezing cold, I dunked myself, kind of like a personal baptism, to wash away my resentments, fears and defects of characters that I had prayed to be removed. This experience was, I believe, the most powerful spiritual experience I've ever had. I felt lighter, happier and at peace, but also a little in shock at the same time.

I hope these words help someone who's struggling or new to AA to let you know you deserve sobriety—or at the very least make you smile.

A decorative graphic in the top right corner featuring stylized blue and yellow stars, along with red and white firework bursts, set against a light blue background.

KEEP COMING BACK!!

A small, yellow cartoon bee with black stripes, antennae, and a smiling face, positioned in the bottom right corner of the page.



Acadiana Area Service/Committee Meetings

Fellowship of the Spirit South Committee Meeting

1st Sunday — 4:00 pm
210 8th St. (Turning Point)

Central Office Steering Committee Meeting

2nd Sunday — 4:00 pm
115 Leonie St. (Central Office)

District 13E Meeting (GSRs)

2nd Wednesday — 6:00 pm
301 W Farrel Rd. (First Lutheran Church)
Zoom ID: 828 6914 4187 Password: District13

Cajun Country Conference Committee Meeting

3rd Sunday — 3:00 pm
210 8th St. (Turning Point)

Central Office Representatives (COR) Meeting

3rd Sunday — 4:00 pm
210 8th St. (Turning Point)

LASCYPAA Committee Meeting

4th Sunday — 9:00 am
924 Kaliste Saloom Rd. (The DOC)

Louisiana State Convention Committee Meeting

4th Sunday — 3:00 pm
Baton Rouge Central Office
10319 Old Hammond Hwy, Baton Rouge, LA

Louisiana (Area 27) Assembly

August 15-16, 2026
Holiday Inn Alexandria, LA
701 4th St, Alexandria, LA 71301

Update COR contact info at:

<https://aa-acadiana.org/cor/>

Update GSR contact info at:

<https://district13e.org/gsr/>