



AA TWELVE TRADITIONS

Our common welfare should come first;
personal recovery depends on AA unity.

TWELVE TRADITIONS WORKSHOP

Hosted by District 13E

 Saturday, August 8, 2026

 10:00 AM - 12:00 PM

 St Barnabus Church, 400 Camellia Blvd, Lafayette, LA

“ A.A.'s Twelve Traditions apply to the life of the Fellowship itself. They outline the means by which A.A. maintains its unity and relates itself to the world about it, the way it lives and grows.

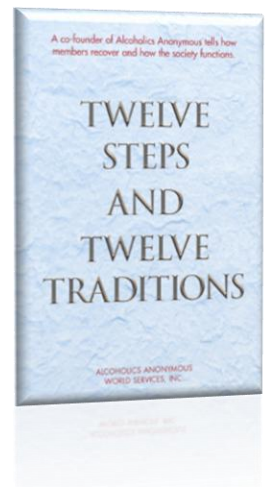
- Twelve Steps and Twelve Traditions
page 15

Strengthening Group Unity in Efforts to Support Recovery

Basic understanding of **The Twelve Traditions** of AA and how they apply to us as a whole and to the fellow still suffering alcoholic. Directed by district 13e members of Alcoholics Anonymous in efforts to help better educate our sober community on **The Twelve Traditions** - the spiritual principles that guide AA groups in unity, service, and purpose.

Workshop Highlights

- Introduction and Welcome
- Traditions 1-3 Presented by Heidie M (Design for Living) 10:05-10:30
- Traditions 4-6 Presented by Mindy H (Sun Up) 10:35-10:55
- 5 Minute Break
- Traditions 7-9 Presented by Hunter H (Glum Nots) 11:00-11:25
- Traditions 10-12 Presented by Trey H (Kitchen Table) 11:25-11:50
- 10 Minutes Q&A



All AA Members Are Welcome

No registration is needed. Drinks and snacks provided. **Questions?** Contact your GSR or District 13E Workshop Chair, Joey T, 337.517.9704 or Co Chair, Maddie L, 337.501.6024 for more information.

BONUS! – Stick around the area after the workshop for Reflections' Anniversary Celebration beginning at St Barnabus at 4PM.